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P. 34

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Calls grow to make missing children hotlines operational

In marking the International Missing Children's Day, the European Commission has urged EU Member States to step up their efforts to introduce child alert systems and to make the missing children's hotline 116 000 operational as soon as possible. (See Page 4)

Lesbian couples could resort to artificial insemination

Last week's controversial approval of same-sex marriages has created a loophole for lesbian couples to resort to 'assisted reproduction' as the current law, which was drawn up in 2006 stipulates conditions for artificial insemination, but does not establish differences between gay and heterosexual couples. (See Page 5)

Cops pay to learn emergency driving

It emerged this week that police officers are being forced to pay for specialised driving courses out of their own pockets. (See Page 9)

Majority of stores sell alcohol to under-16s

According to an investigation conducted by consumer rights watchdog DECO, more than half of all stores in Portugal, licensed to sell alcohol, which were visited by the organisation during its research sold alcoholic beverages to under-16s. (See Page 10)

Motorsport ace speaks about comeback at Portugal Rally

Abu Dhabi's Emirati motorsports ace, Sheikh Khalid Al Qassimi, who makes his FIA World Rally Championship (WRC) comeback at Rally de Portugal this weekend, speaks to *The Portugal News* about one of his favourite rallies. (See Page 15)

Weekend weather

Lisbon: The warm weather in the capital is set to extend well into next week, with thermometers set to hit the 30-degree mark towards the end of next week. **Faro:** With maximums in the region of 26 degrees next week, the Algarve will be one of the coolest regions in the country, but high night temperatures will give a summer feel. **The North:** Oporto will be amongst the hottest regions in the country next week.

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Portugal continues to defy its critics and is now one of the best places in the world to have a child

PORTUGAL TOPS FOR CHILDREN

Full story, see p.2.



Minister for Education Isabel Alçada was at the Faro Refúgio Aboim Ascensão children's home in Faro this week to assess the possibility of applying the home's acclaimed Infant Emergency Response action to all national institutions. (Photo: Lusa/Luís Forra)

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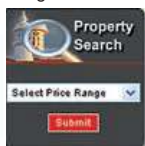
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Child escapes with just scratches after beach cliff collapse

A four-year-old child escaped with minor injuries to his leg after a part of a cliff face broke loose and crumbled onto the sand below at the Praia do Vau beach, near Portimão, on Wednesday this week.

According to a source from the Maritime Authority no other injuries were caused. The same source confirmed that the slide occurred around 15h00 that afternoon, in three phases over a half-an-hour period.

This reportedly allowed for sunbathers to evacuate the area and ensure no one was underneath the cliff.

The Commander of Portimão's Port said that the volume of land that crumbled from the 20-metre-high cliff was enough to fill four cubic metres, or the back of a truck.

An early phase of the break-

away, which occurred in the western area of the beach, caused "light wounds" to the leg of a child, who was seen to by an ambulance crew and was taken to hospital as a precautionary measure.

Cruz Martins assured citizens that the landslides caused by all three phases of the cliff breaking away were not enough to bury a person.

"We interviewed several witnesses and all of them assured us that no one was underneath", he said, adding that some witnesses even showed photos to the authorities which proved his statement.

The area was sealed off by the Maritime Authority with police tape and has been handed over to the Algarve Regional Hydrographical Administration (ARH/Algarve) whose responsibility it is to carry out any subsequent necessary procedures.

A source from the ARH/Algarve told Lusa News Agency that the cliff fall covered a six-metre area that was flagged as a 'risk zone'.

However, according to the same source, the plaque that had been placed on the beach to warn of dangers of cliff falls had been washed away by the sea last win-

ter.

It was expected to have been replaced before the official opening of 'beach season' on June 1st.

Furthermore, the area in which the rock slide took place had not been flagged by ARH/Algarve engineers as being "in need of a controlled intervention" following the cliff fall that occurred last year on the Maria Luísa beach, Albufeira, killing five people.

Since August last year, 19 Algarvean beaches have had 200 different interventions carried out on them to ensure the safety of their cliffs, costing the state around €50,000.



A maritime police officer in front of the rock fall in Praia do Vau on Wednesday. (Photo: Lusa / Luis Forra)

Portugal tops for children



A study by American and Australian researchers has this week placed Portugal in the top ten countries in the world where child mortality is lowest. Furthermore, the country also recorded the fourth best improvement the past 20 years.

In the study, published this week in the *Lancet* magazine, researchers examined under-5 mortality amongst infants from 1970 to 2010 in 187 countries.

Portugal currently has an anticipated infant mortality rate of 3.32 deaths per thousand births for 2010, representing an average annual decrease of 7.5 percent since 1990.

The only countries with better results are the Maldives, United Arab Emirates and Cyprus.

Back in 1970, Portugal was ranked 75th in terms of infant mortality, which at the time was 25 times higher than in 2010.

Portugal's success in looking after infants can be further highlighted by the difficulties experienced in countries such as the USA, New Zealand and South Korea who have all failed to reach rates of under-5 mortality of less than five per 1,000 by 2010.

A closer comparison can be

made with the United Kingdom, whose infant mortality rate of 5.3 percent is not only more than one-and-a-half times than higher than Portugal's, but also the highest in western Europe.

Portugal's rate of 3.3 is also far inferior to other European states such as Germany (4.1), France (3.9) or Switzerland (4.2).

Researchers estimate there will be 7.7 million child deaths worldwide this year, a decrease from 16 million in 1970 and 11.9 million in 1990.

According to the report in the *Lancet*, these 7.7 million deaths comprise 3.1 million neonatal deaths, 2.3 million post-neonatal deaths, and 2.3 million deaths in children aged 1-4 years.

Between 1970 and 2010, the number of deaths in children younger than 5 years has fallen by more than 52 percent, even though the total number of births has increased by 16 percent in the same period.

A total of 33 percent of deaths in children younger than 5 years occur in south Asia and 49.6 percent occur in sub-Saharan Africa, with less than one percent of deaths occurring in high-income countries.

In 13 regions of the world, including all regions in sub-Saharan Africa, there is evidence of accelerating declines from 2000 to 2010 compared with 1990 to 2000.

In a related story, UNICEF revealed last year that a little over three decades ago, 42.9 women per every 100,000 died during labour that number now rests at around an annual eight women.

This followed an extensive report published by the World Health Organisation, which revealed that life expectancy in Portugal is almost ten years more than it was three decades ago.

Portuguese, from an average life expectancy in 1976 in the 60s, can now expect to live to see 80,

the report entitled 'Portugal, Primary Health Care in Action 2009', revealed.

According to the organisation, this astonishing improvement in life expectancy rates is "thanks to one of the world's most successful performances in reducing mortality".

The report also found that Portugal now has the 11th highest life expectancy rate in the world.

According to WHO, Portugal's success is the result of development of a nationwide primary health care system.

WHO further praised the network of health centres staffed by physicians and nurses which have progressively covered the country in recent years.

The organisation confirmed that a flaw in the Portuguese National Health Service remains because the emergency departments at hospitals are still being intensely used by patients.



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Faro children's home to expand its rescue model to care homes nationwide

Dr. Luis Villas Boas, director of the Refúgio Aboim Ascensão children's home in Faro, has asked Portugal's Education Minister Isabel Alçada to consider applying the home's 'Infant Emergency' (EI) response model to all national institutions.



Education Minister Isabel Alçada with Dr Luis Villas Boas, the director of Refúgio Aboim Ascensão Children's home in Faro on May 25th. (Photo: Lusa / Luis Forra)

Minister Alçada guaranteed she would raise the issue with the government.

"Naturally I will raise the matter with the government" she said in response to Dr. Villas Boas' request that the Faro Home's model be applied nationwide.

When asked by Lusa News Agency whether the current active measures in place in other child refuges could prevent the creation of an EI network in Portugal, Isabel Alçada said helping children is an "urgency" that must be addressed and cannot be put off.

"Infant care must be addressed; Portuguese adults must pay attention to children every day. To educate children we must think of the children every day, and therefore, we cannot put these situations off", she said.

Isabel Alçada highlighted Refúgio Aboim Ascensão as an

example of "quality" in the way it cares for and gives direction to its children for a full future life.

"Our country needs this example of quality to have institutions like this one, and needs people who are able to create a support network", she added.

Supported by agreements with the Social Security, Justice, Health and Education Ministries, as well as with Faro Town Hall, Refúgio Aboim Ascensão works as a temporary 'Infant Emergency' care centre.

Presently counting around 90 staff members, it has a maximum capacity of 90 children at once and has already helped 2,500 children aged between newborns and five-year-olds since its founding in 1985.

Children are either found a new family or reconciled with their birth families, once adequate conditions are achieved.

EC urges member states to make hotlines for missing children operational

In marking the International Missing Children's Day, European Commission Vice-Presidents Viviane Reding, responsible for EU Justice, Fundamental Rights and Citizenship, and Neelie Kroes, responsible for the Digital Agenda, urged EU Member States to step up their efforts to introduce child alert systems and to make the missing children's hotline 116 000 operational as soon as possible.

The day was celebrated here in Portugal with news that police here reported a 100 percent recovery rate of children reported missing in the country during the course of 2009.

"Every missing child is a tragedy, and we must do everything we can to prevent such tragedies. The Commission created the European 116 000 hotline to report missing children and offer guidance and support to their families, everywhere in Europe. I regret to see that the hotline works only in 11 Member States," said Vice-President Viviane Reding, Commissioner for Justice, Fundamental Rights and Citizenship.

"It is hard to come to terms with the fact that measures that could help are not yet fully operational across the Union. It would be a double tragedy to imagine a missing child trying to call the 116 000 hotline only to hear an answering machine playing a pre-recorded message announce-

ing that the service will be operational in 2012. I call on Member States to put every effort into changing this."

Vice-President Neelie Kroes, responsible for the Digital Agenda, added, "Member States must respect their legal obligations to not only put in place the missing children hotline number as a matter of urgency but also to ensure that the public is well-informed about it."

The EU has already put in

place rules to ensure that the 116 000 number is set aside everywhere in the EU for hotlines to report missing children.

These hotlines are currently operational in 11 Member States (Belgium, Denmark, Greece, France, Hungary, Italy, the Netherlands, Poland, Portugal, Romania and Slovakia).

The Commission also supports the creation of cross-border child alert systems that help in the search of abducted children by enabling the public to provide the relevant authorities with real-time information.

Alert systems exist in eight Member States (the Netherlands, Portugal, France, Luxembourg, Belgium, Greece, Germany and the UK).

Speaking on International Missing Children's Day, the mother of missing British girl Madeleine McCann spoke of the grief endured by parents of children who have disappeared.

"As a parent of a missing child, every day is difficult in some way. We would like to ask everybody to spare a thought and a prayer for all missing children. If you can help in any way, either through practical means, by improving awareness in some way or by donating to one of the Missing Children organisations we would be very grateful", said Kate McCann adding: "Just because a problem cannot be seen, doesn't mean it's not there or can be forgotten."

"Missing children need our help. We can all make a difference."

School renovation programme gets fresh €600mn in financing

The European Investment Bank has approved a request from state firm Parque Escolar for €600 million in financing for the second phase of the government programme to renovate secondary schools across Portugal, according to the bank's website.

Parque Escolar received €300 million from the bank last year for the first phase of the programme aimed to renovate a total of 332 high schools by the 2014-2015 academic year.

The second phase has a total budget of €2.7 billion.

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Rally Kit Competition

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Lesbian couples could resort to artificial insemination



Last week's controversial approval of same-sex marriages has created a loophole for lesbian couples to resort to 'assisted reproduction' as the current law, which was drawn up in 2006 stipulates conditions for artificial insemination, but does not establish differences between gay and heterosexual couples.

Portuguese legislation for medically assisted procreation (PMA) states that "only married people" and "those of different sexes who have been living in common-law marriage for at least two years" are eligible for artificial insemination through the National Health Service.

In other words, until now, irrespective of their sexual orientation, single women were not allowed to apply for PMA.

According to legal experts Rui Rangel and Paulo Saragoça da Matta, who were approached by Portuguese newspaper *Jornal de Notícias* (JN), taking into account that Law 32 of 2006 does not differentiate the sex of the couple in article 6, regarding the sex of the 'married couple', it opens the door for married lesbians to access artificial insemination.

It also facilitates access to sur-

rogate pregnancies, where another woman carries the baby full term and hands it over at birth, giving up all maternal rights at the time.

However, another law decreed in parliament states no health professional is obliged to cooperate in a PMA, as long as they specify their reasons, and because of this the Board of Medics (OM) has said it will be keeping a close eye on "the legislator's next steps".

"In due time, after analysing the matter and obtaining clarification on the respective law, we will give our opinion", said Pedro Nunes, chairman of the OM.

Contrary to other European countries, like Spain, where any woman can access PMA, Portuguese rules and regulations are much more restrictive.

At a recent count, in 2007, 450 artificial insemination treatments were carried out in Portugal.



Photo above: Two Lesbians march during Gay Pride in Lisbon. (Photo: Lusa / Manuel de Almeida)

Thousands of fathers remain unknown

More than 150,000 Portuguese citizens are the offspring of an unknown father, whose name has been left off their ID cards.

The majority of children whose fathers' names were left off their ID cards are today, on average, aged 35 or over. As time has gone it has become obvious that being the child of an unknown father is a reality that the law needed to address.

Recent developments in law and science have significantly diminished the number of 'unidentified father' cases, thanks to DNA paternity tests that are now demanded by courts.

Even so, according to data from the Ministry of Justice (MJ), sent to Lusa News Agency, today, over 8,000 children under the age of 15 do not have defined paternity.

"In many cases disagree-

ments between parents, risky behaviour or social factors [like children being born out of wedlock prior to 1976] lead to the father's name being left off the birth certificate", the MJ said.

Prior to the April 25th revolution, in 1974, it was illegal for a child to be born out of wedlock and many women brought up their children by themselves.

Of the 151,889 Portuguese who do not have a fathers' name on their birth certificates, 108,195 (around 70 percent) are over the age of 35.

Today, cases of fatherly rejection are rare and will continue to be so by legal imposition following an alteration to the Civil Code in 1976 which aims to safeguard the fundamental rights of children.

Currently, thanks to modern science, the number of people seeking paternity tests has risen.

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Parliament votes down Communist no-confidence motion



Speeches were made before Parliament voted against a Communist-sponsored censure motion against the minority Socialist government's austerity policies on May 21st. (Photo: Lusa / Manuel de Almeida)



Parliament voted against a Communist-sponsored censure motion against the minority Socialist government's austerity policies last Friday with the help of the centre-right opposition's decision to abstain.

The no-confidence motion is the fifth faced by Prime Minister José Sócrates, but the first since he lost his parliamentary majority in elections last year.

Despite the virtual certainty the motion would fail, Communist chief whip Bernardino Soares said before voting it had the virtue of "obliging all the parties to clarify their stance towards the government and this is a great gain in transparency in democratic political life".

By contrast, Socialist bench leader Francisco Assis described the initiative as an act "of pro-

found political irresponsibility" at a time of economic and financial crisis for Portugal.

The main opposition Social Democrats, who have negotiated support for the government's austerity spending cuts and tax increases, have said the administration deserves censure, but that it did not want to add "political crisis" to the country's economic plight by toppling Sócrates.

The rightist Popular Party also abstained, while the Left Bloc and the Greens voted in favour of the motion.

TPN/Lusa

Gov't expects to spend millions on 2011 Census

The Portuguese government is expecting to spend around €43 million on its national Census 2011 operation, which will be carried out as of March or April next year, according to the Minister for Presidency, Pedro Silva Pereira.

Speaking after the commemorations of the National Statistic Institute (INE)'s 75th Anniversary, Minister Pereira said preparation work for the operation is "ongoing" and that costs are estimated to be in the region of €43 million.

In total, between 2006 and 2013, some €53 million has been spent on the project associated to the Census 2011 operation, according to an announcement made in May last year by the former State Secretary for the Presidency and the Council of Ministers, Jorge Lacão.

Census teams should be on the ground between March and April 2011.

"Until then, we need to prepare all the technology, form teams and design the questionnaires", Minister Pereira added, saying it is "of enormous importance, which implies significant investment, because it is necessary to recruit human resources from all over the country and guarantee their monitoring to ensure the credibility of all data".

Pedro Silva Pereira further

stressed that the government is conscious of the "challenges, demands and necessities" that the INE is faced with and acknowledged that the institute "has never refused a request to boost its human resources".

"The pressure applied on the INE is, more than anything, all to do with human resources. We need qualified manpower, and procedures are ongoing to reinforce these resources, especially in more critical areas", the Minister guaranteed, complimenting the INE's contribution to the "credibility and trust in Portuguese institutions and Portugal's economy".

Alda Carvalho, President of the INE, stressed that "these present times are not easy for statistical organisms", from which improved and more detailed statistics are demanded to increase the amount of available information, particularly during a time of crisis.

She said that the INE needed to be able to offer "attractive and competitive work conditions" to maintain a stable and competent staff core.

CalamITY?



Army cutbacks will not impact military missions, says MoD

Budget and personnel cutbacks in the army will not harm the "quality" of Portugal's military missions, Defence Minister Augusto Santos Silva said this week.

Until 2013, Portugal's army will cut 25 percent of its personnel every year.

Minister Santos Silva claims the cuts will save "tens of millions of euros" in public funds. Despite the cuts, "all military missions will be fulfilled".

Portuguese military participate in European Union, NATO or UN operations in 11 different locations, including Kosovo, Bosnia, Somalia and Afghanistan.

Portugal's army is 40,000 strong, presently. Santos Silva noted that "the quality of the Armed Forces' performance" is not directly linked to its numbers. He added that in the 1960s the army employed 150,000 and, as recently as ten years ago, it still numbered 80,000 people.

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Greenpeace blocks off Cais Sodré supermarket



Greenpeace activists blocked access to the year-old Pingo Doce supermarket in Lisbon's Cais do Sodré on Wednesday this week, in an attempt to raise awareness amongst shoppers and "pressure" the group's owner, Jerónimo Martins, into "guaranteeing the sustainability of the fish that it sells".

With less than one percent of the world's oceans protected, the environmental organization says it is "urgent" to stop being complacent about destructive fishing practices that have already lead to the collapse of one of their of commercial fish stocks and act to halt the loss of the planet's marine life.

"These supermarkets spend millions on advertising but refuse to take responsibility for the fish being sold in their stores", explained the coordinator of Greenpeace's Oceans Campaign in Portugal, Lanka Horstink.

An official source from the Jerónimo Martins Group said that it "fully complied with the EU's legal imperatives regarding fishing politics", adding that the

fish sold in its stores followed the laws as they are defined.

Greenpeace said "it is fundamental that this retailer alters its business strategy to incorporate not only profit but also to address the interests of its clients in having fish in the future".

Greenpeace's third supermarket ranking survey, which analyses fish shopping practices amongst Portugal's food distributions chains, concluded that the Jerónimo Martins Group was "once again classified as the worst" as "it insists in limiting its performance regarding compliance with the law".

According to Lanka Horstink, with the current annual fishing quotas for Europe being established at an average of 48 percent



Greenpeace activists demonstrate outside Pingo Doce supermarket in Cais do Sodré on May 26th, asking the group to stop contributing to the destruction of the oceans. (Photo: Greenpeace / Lusa / Miguel Manso)

above scientists' recommendations and with 80 percent of stock being over-exploited, "following the regulations is definitely not enough".

Socialists debate who to back in presidential elections

Prime Minister José Sócrates has concluded consultations with Socialist party leadership structures on the choice of a candidate for Portugal's presidential poll next year and is expected to announce a decision on Sunday on his return from a two-country South American trip.

The intramural discussions ended late Tuesday in a meeting, described as sometimes heated by participants, of Prime Minister Sócrates and Socialist MPs with attention focused on the independent candidacy of veteran Socialist parliamentarian Manuel Alegre.

Socialist bench leader Francisco Assis said there were "no minorities or majorities" within the party as far as maverick Alegre was concerned, but that he was convinced the party would unite behind whomever

José Sócrates named as the candidate on Sunday.

All the MPs had demonstrated their "commitment to unity regardless of their current preferences", Assis said.

Most observers expected the ruling party to back Manuel Alegre, who split the Socialist vote as an independent presidential candidate in 2006, when he was placed second behind conservative victor Cavaco Silva, but ahead of the Socialist's formal flag-bearer, former President Mário Soares.

A poet and fiery orator linked to the Socialist leftwing, Alegre has cultivated ties with other leftist parties since the last election.

President Cavaco Silva has yet to announce whether he will stand for a second and final consecutive five-year term, but was expected to do so.

Since Portugal's democracy-restoring Carnation Revolution in 1974, incumbent presidents have always won a second mandate.

TPN/Lusa

CPLP constitutional court chiefs hold first meet in Lisbon

The heads of the eight-nation Lusophone bloc's constitutional courts concluded their maiden meeting in Lisbon last Friday.

Aimed to boost cooperation, the two-day gathering of constitutional court judges from the Community of Portuguese Language Countries (CPLP), included meetings with President Cavaco Silva and the speaker of the Portuguese parliament, Jaime Gama.

The CPLP binds Portugal and Brazil to Lisbon's five former African colonies and East Timor.

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Loures IKEA opens



The largest IKEA store on the Iberian Peninsula, in Loures, opened its doors on Tuesday this week, at 10h00, and lavished its first customers with gifts to celebrate its inauguration.



One of the first customers at the new IKEA store after its inauguration in Loures on May 25th. (Photo: Lusa / José Sena Goulão)

Portugal's Minister for Employment, Helena André, was at the launch of the store, which has created 480 direct and 100 indirect jobs.

It is the Swedish group's third store in Portugal.

Situated in Frielas, Loures, the largest IKEA store in both Spain and Portugal measures some 38,500 square metres, including an exhibition area, a food court, and a 2,350-place car park with free parking.

Overall, the store represents an investment of €70 million.

The first 100 shoppers to the new store were presented with a €100 gift-voucher, according to

Lusa News Agency.

IKEA's expansion director for Portugal, António Machado, said that two of the main reasons for choosing Loures as the latest store's location, included its proximity to the airport and its central location within the Metropolitan area of Lisbon.

Management expect that some two million shoppers will visit the store during the first 12 months.

The Swedish DIY group's expansion plan foresees the opening of seven more stores and two shopping centres in Portugal, namely in Gaia and Loulé, by 2015, representing a total investment of €1.1 billion.

EC seeks high privacy standards in EU-US data protection agreement



The European Commission on Wednesday adopted a draft mandate to negotiate a personal data protection agreement between the European Union and the United States when cooperating to fight terrorism or crime.

The aim is to ensure a high level of protection of personal information such as passenger data or financial information that is transferred as part of transatlantic co-operation regarding criminal matters.

The agreement will enhance the right of citizens to access, rectify or delete data, where appropriate. EU citizens will receive the right to seek judicial redress in the US if their data is unlawfully processed.

Independent public authorities are to be given a stronger role in helping people exercise their privacy rights and in supervising transatlantic data transfers.

The Council must approve the Commission's negotiating mandate before talks can begin. The European Parliament will be fully informed at all stages of the negotiations and will have to give its consent to the outcome of the negotiations.

MPs given €200m to spend

While the word 'crisis' remains firmly embedded in the vocabulary of every day conversations, taxpayers learnt this week that MPs have this year been awarded additional funds to cover their growing expenses.

Parliament will this year have an additional 7.1 million euros to fork out on expenses after the house's budget was boosted from 184.3 million euros to 191.4 million euros.

The major areas where more cash will be spent is travel, tuition and technical accessories.

In travel expenses alone, estimates are that MPs will be spending an additional 780,000 euros when compared to last year, an increase of 25 percent, the *Correio da Manhã* revealed this week.



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Cops pay to learn emergency driving



National Police Union Sinapol believes that all police officers should have adequate training for driving in cases of emergency and that it should be paid for by the government, however, in Portugal this is not common practice so officers are forced to pay for specialised driving courses out of their own pockets.

Being capable of driving at high speed could help a police officer accomplish his or her mission as well as avoiding an accident. But those who want to learn this skill have to pay for it out of their own pockets, and as a consequence, in many cases the drivers are not properly trained.

Via its Centre for Police Techniques, Sinapol holds three types of 'emergency' driving courses: defensive, advanced and defensive, and advanced.

Each course lasts three days and cost around €490, teaching police drivers how to avoid obstacles safely and drive fast without putting lives at risk.

Instructor Mário Belo told Lusa News Agency "it's not for everyone".

"Officers arrive here knowing how to operate a vehicle, but not really knowing how to drive", he said, adding "by the end of the course, they have a perception of how to dominate a vehicle".

During the course officers perfect their skills behind the wheel,

in everyday missions like chasing a suspect, helping a colleague, intervening in violent crimes, and arriving at a crime scene.

The techniques taught, Mário Belo explained, are the same, irrespective of the type of vehicle that is being driven or its safety mechanisms. For that reason, for the course, which is held at the Estoril Race Track, both new and old vehicles are used, with and without safety mechanisms like the ABS breaking systems.

Américo Carvalho, a police officer and course pupil, said he also thought all officers should have the training, which "looks easy but isn't", and lamented the fact that he had to pay for it himself.

"We don't earn very much, but this is very important training for us. We can save lives and not have accidents; driving at high speed without putting others at risk is not easy".

Only the Personal Safety Police Core offers this type of training to its officers.



One hundred and fifty seven new police vehicles were delivered to the GNR and PSP in a ceremony in Lisbon on 18th May. (Photo:Lusa / Mário Cruz)

Suspected ETA military leader may have planned base in Portugal

Mikel Karrera Sarobe, the presumed military leader of Basque separatist group ETA, may have masterminded the creation of a

base for his organisation in central Portugal, according to recent Spanish media report.

Sarobe was arrested last Thursday in Bayonne, France. According to Spanish news-

paper El Mundo "there is evidence that [Sarobe's] orders are behind the establishment of an ETA base in Óbidos", a tourist town 100 kilometres north of Lisbon.

Earlier this month, Portuguese police found a "bomb-making cache" in a house in Óbidos. The house was linked to ETA.

TPN/Lusa



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Majority of stores sell alcohol to under-16s

Carrie-Marie Bratley

According to an investigation conducted by consumer rights watchdog DECO, more than half of all stores in Portugal, licensed to sell alcohol, which were visited by the organisation during its research sold alcoholic beverages to under-16s.



A traffic officer tests a young driver for excess alcohol in Oporto. (Photo: Lusa / Estela Silva)

Despite being against the law, the majority of venues visited by DECO sold alcoholic drinks to youths aged between 12 and 15. These included super and hypermarkets, cafés, fast-food restaurants and snack bars.

In 54 out of 97 visits carried out anonymously by the watchdog, under-16s were able to purchase an alcoholic beverage. DECO is now campaigning for tighter laws regarding alcohol sales and boosting the legal drinking age to 18.

The association further warned that in 26 cases, even after verifying the client was under the age of 16 and despite warnings posted within the establishment, employees still sold them alcohol.

Out of the 78 cafés and patisseries, fast-food restaurants, supermarkets and hypermarkets, it was in the two latter establishments that youths found it easiest to purchase alcoholic drinks. In DECO's opinion, the outcome of its investigation reinforces the need for Portugal's health and safety agency ASAE to clamp down on alcohol-selling stores.

Since 2002, to the present day ASAE has registered only 21 offences involving minors buying or consuming alcohol in public places.

Though minor offences documented rose to over 1,000.

DECO is pushing for the government to 'urgently approve' measures drawn up in a 'National Plan for the Reduction of Problems Relating to Alcohol', which

initially aimed to start showing results by 2012.

The activation of the plan has been "delayed by more than a year due to political set-backs".

Only in April this year was a dedicated organism responsible for applying the plan created.

One of the proposals included in the plan is the prohibition of the sale and consumption of alcohol to under-18s.

"At 16 youths are very vulnerable to the assimilation of alcohol and its more serious effects, which can lead to risk-taking behaviour", DECO warned.

Portugal's consumer watchdog sent the conclusions of its investigation to ASAE and has appealed to the government to press on with its plan for reducing alcohol-related problems.

Another of the measures foreseen by the plan to prevent excessive behaviour is to limit the alcohol intake of new drivers by lowering their legal tolerance, as 40 percent of youths killed on roads are found to have been drinking.

DECO further stressed the importance of awareness-raising campaigns for both parents and young men and women.

The study confirmed that 40 percent of youths involved in the exercise admitted they had started drinking between 14 and 17 years of age.

The number of 13-year-olds confessing to having been drunk twice a month rose by two percent in 2007. Amongst 18-year-olds the figure rose by 12 percent.

Last year, the Institute for Drugs and Drug Dependency (IDT) called for the raising of the drinking age from 16 to 18, though the move has been accused of being hypocritical and that inadequate monitoring of the situation coupled with allowing young teens into night clubs will render the measure largely ineffective.

Should Portugal agree to enforce this measure, the country will be mirroring the majority of its European counterparts as only Italy and some regions in Spain still legally allow the consumption of alcohol to under-18s.

The focus on teen drinking has been spurred by results from a Second National Survey for the Consumption of Psycho-active Substances in the Population, which revealed almost half of all youngsters who were included in the study, aged between 15 and 24, admitted to binge-drinking at least once in 2007.

In 2001, the First National Survey revealed that 30 percent of Portugal's 15 to 17 age group had experimented with alcohol.

By 2007, that figure had gone up to 40 percent.

Binge-drinking, defined as more than six drinks in one session for a man and four drinks for a woman, is also on the increase, with 48.3 percent of those interviewed, aged between 15 and 24, admitting to excessive alcohol consumption.

Arguing that the only people to benefit from the plan to raise the drinking age would be supermarkets and petrol station convenience stores ("as this is where youngsters will resort to, to buy their alcohol"), António Fonseca, chairman of the Oporto Bar and Nightclub Association suggested last year that the only way to stop under-18s from drinking alcohol is to forbid them from entering bars and clubs, which is not being proposed in the legislation.

In a list of 177 countries, compiled by the World Health Organisation, Portugal ranks 10th regarding per capita alcohol consumption, with an average consumption of 11.5 litres of pure alcohol per inhabitant per year.



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Gun possession rife in Portugal



There are currently around 2.6 million guns in Portugal, half of which are illegal, enough for one in every four Portuguese to own one.

These startling figures were released by the Centre for Social Studies (CES) of Coimbra University, who carried out a study regarding weapons in Portugal, which also pointed to hunting weapons as the preferred choice among Portuguese.

An analysis of the internal firearms trafficking and import figures showed that part of the illegal weapons being used in Portugal originated from the legal market: "between 2004 and 2007, 5,913 firearms were stolen or lost, an average of four weapons per day" noted the study.

According to the Weapons and Explosives Department there are currently 2.6 million firearms in civilian possession, 1.4 million being legal and 1.2 million illegal. Shotguns are the most sought after weapons, representing 57 percent of all purchases, with Portuguese also importing pistols (25 percent of all imported weapons) and rifles (10 percent). The biggest exporting countries sending weapons to Portugal are Germany, Belgium, Brazil, Spain, USA, Italy and Turkey.

Regarding licenses, a total of 445,360 licenses for firearm use were issued between 2004 and

2008, with 84.5 percent of all requests being made for hunting weapons (class C and D).

Lisbon is the region with most licenses (11.1 percent), followed by Faro (8.1 percent), Santarém (7.6 percent) Setúbal and Oporto (both with 7 percent).

The project's main objective, which took two years to complete, was to "contribute to the multidimensional portrayal of weapon distribution in Portugal, in order to create good practices, prevent and diminish armed violence in the country."

Photo right: Approximately 80 police officers from the Faro PSP raided the 'water deposit camp' on January 27th in a fiscal operation on suspicion of illegal weapons in the squalid area of Faro. (Photo: Lusa/Luis Forra)



Couple used children to sell drugs

PSP announced the arrest of two men and two women, suspected of drug trafficking, this week. They were caught dealing drugs red handed after a month long investigation, which ended with three house searches in Queluz, Rinchoa and Outurela.

According to the PSP, the criminals were a family who sold drugs in the Queluz area, with a couple using their seventeen year old daughter and nine year old son to deliver the drugs. The minor frequently sold to buyers whilst being watched closely by his senior family members. The arrested suspects are aged between 17 and 35.

During the operation, 80 grams of drugs, €300 in cash, digital scales and several instruments used to prepare drugs for direct sale were seized.

Combat troops in Afghanistan may be subbed by instructors - General

Portugal may soon begin substituting its combat troops in Afghanistan with military and police training units, Armed Forces Chief of Staff Gen. Luís Valença Pinto said last week.

He said the change could take place in the next rotation slated for September and could mean a reduction in the size of the Portuguese contingent.

General Valença Pinto said the alteration in the character of deployed forces had been requested of all the allies serving under NATO command in Afghanistan, but still required a "political decision" in Lisbon as far as Portuguese troops are concerned.

The allied ISAF forces, he said, wanted to begin giving priority to the training of Afghan soldiers and police.

Portugal currently has 268 mostly rapid deployment troops serving in Afghanistan.

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Lisbon gets Madrid's guarantee on high-speed train link



António Mendonça, Portugal's Minister for Public Works, Transport and Communications with his predecessor, Mario Lino after a signing ceremony for the TGV contract in Lisbon on May 8th. (Photo: Lusa / Inácio Rosa)



The bullet train link between the Portuguese and Spanish capitals will be concluded as scheduled in 2013, despite spending cuts announced by Madrid, according to Lisbon's Public Works Ministry.

A ministry official told Lusa News Agency that Lisbon had been given guarantees from Madrid that its announced one-year postponement for all motorway and railway projects would not affect construction of the bullet train line linking the two cities.

António Mendonça, Portugal's Minister for Public Works, Transport and Communications, who spoke by telephone last Thursday with his Spanish counterpart, José Blanco, said he was given "guarantees" that Madrid's belt-tightening spending cuts would "not affect the commitments" with Lisbon, the official said.

While Spain has already begun building the initial phase of its part of the high-speed line, Lisbon signed its construction contract last Saturday with the Elos consortium, led by Brisa and Soares da Costa.

As part of its own austerity package, Portugal's Socialist government announced earlier that it would postpone by two years building the high-speed train links between Lisbon and northern Oporto and onto Vigo

in Spain.

In a related story, a senior official has reiterated the Portuguese government's intention to re-launch the international tender for construction of the last stretch of the future Lisbon-Madrid bullet train line, including its Tagus bridge link, within six months.

The State Secretary for Transportation, Carlos Correia da Fonseca, said this week that the government's decision to postpone the tender by six months had two objectives: stabilization of international financial markets and increased EU funding for the project.

He said the delay would allow Lisbon to boost Brussels' share of the project to €500 million from the current commitment of €170 million.

The government has said its two-year postponement in building the Lisbon-Oporto bullet train line with connections onto Vigo in Spain would permit it to transfer EU funds to the priority Lisbon-Madrid line, which should be concluded in 2013.

TPN/Lusa

TAP and Air China agree code-share from summer

As of this summer Portuguese national airline TAP and Air China will together be issuing tickets between China and Europe, according to a diplomatic source.

The code-sharing agreement was reached this week in Beijing and will connect four European cities to which TAP flies, to two large Chinese metropolises, Beijing and Shang-

hai, covered by Air China, China's national flag carrier.

According to commercial estimates quoted by the source, around 60,000 people travel every year between Portugal and China.

The deal comes at a good time for Portugal; despite the economic crisis, last year the country's exports to China were up by more than 20 percent.

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The Telling Hour is Now Upon Us

After a period of agonising over the collapse of global real estate values and the banks, problems seemingly disappeared behind the smoke screens generated by unthinkable financial sums generated across our world. Gold prices continued to climb to record levels and global equity markets rebounded quite unexpectedly from off of the blood stained floor. One couldn't help but be concerned that, in reality, unemployment was still rising and growth failed to materialise as swiftly.

The screens have been lifted and these problems (rather, the debt load) firstly moved into the private sector where record numbers of personal insolvencies were declared. Now, and to no great surprise, national sovereign states are now left holding the baby.

Today, poking the public in the posterior is the word "austerity".

To avoid regurgitating a thesaurus, this qualifies as a combination of sharp cut backs on public spending and steep increases on taxation. Before governments were hit with the sovereign debt issue, we were all assured that this would not affect us today and would befall the next generation. I'm afraid, the hour is upon us.

The key features of public cuts include public sector pay cuts and freezes. In the UK and Portugal, politicians and other senior public servants will be taking immediate cuts in pay of 5% followed by 15% in Spain for the equivalent functionality groups.

To highlight tax increases, capital gains tax in the UK is tipped to increase from the flat rate of 18% to 40% and 50% under the new coalition. Portugal has decreed a "crisis tax" to include a 2.5 percentage point rise in corporate tax to 27.5 per cent on annual profits above €2m. They also announced a one percentage point increase in value-added tax to 21 per cent and increases of up to 1.5 per cent in income tax.

From this immediate reactionary period of austerity

measures across Europe, its loss of centrality also reflects its failings and the European project could be perceived as foundering. Greece is the most pronounced problem, one brought about by its own extravagance and a weak EU leadership that permitted it to live beyond its means and violate the terms under which the Euro was established. The mayhem has been made worse by Germany dithering with timid responses from European institutions and governments. The Euro could be one of the casualties but that is only one scenario.

Having now brought you up to speed, throughout this era of macro-economic and micro-political turmoil we will continue to endure fundamental changes that we cannot hide from any more. Changes are not simply constant but now absolute (for some time anyway).

We have been set upon by fundamentalism in all its forms across the globe, as well as lived through the first afro-american president to be the sworn in as Commander-in-Chief of the United States whilst the first, almost effortless, coalition government in Britain has been formed since the Second World War.

Without associating myself too simply with the aforementioned leaders (who are all under 50 years of age, might I add), as an advisor in the 21st century, more than ever, I have to understand these chameleon-like global matters and where they are heading.

Yes, we've heard it all before, past performance doesn't guarantee future events, but we shouldn't forget that whatever

adverse challenges we are faced with, our creative senses and survival instincts become sharper and our clarity of vision becomes clearer.

Like all of us, I can apply general and cautionary measures to my advice for those that are prepared to take objective and professional opinion. Mostly, these are gathered through general research and also qualified and expert analysis from my senior colleagues and peers. I also learn from listening to my clients who have a wealth of living knowledge to share. Putting you into my shoes, we also have the choice to embrace the changes for the better in the hope we are reaching our humble objectives.

This article is intended to provide a general review of certain topics and its purpose is to inform but NOT to recommend or support any specific investments or course of action.

Raoul Ruiz Martinez is a resident and independent consultant for Finesco Financial Services Ltd., Glasgow and regulated to advice on capital investments in both the UK and throughout Europe under MiFID regulation. He can be contacted at the offices of euroFINESCOs.a. either by telephone on 289 561 333 or on email Raoul.Ruiz@Finesco.com.

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rate spreads are higher [for Portuguese companies], and the implied risk [of investing] is therefore bigger", he told *Lusa News Agency*.

Pereira added that Portuguese companies see "opportunities" in Brazil with "two major events upcoming", the 2014 soccer World Cup and the 2016 Olympic Games. "We don't have a problem at EFACEC, but for the rest of Portuguese industry, [financing] is an issue."

TPN/Lusa

French supplier, who is unfamiliar with French law, could opt for European law for the contract.

In addition, a Polish consumer shopping on the Internet could push a 'blue button' on the website and choose the European contract law instrument, which would guarantee a high level of consumer protection.

New sovereign debt issued

Portugal's sovereign debt management agency IGCP on Wednesday staged a new Treasury bond auction. The indicative value for the auction is in the €500 million - €1 billion range.

The five-year bonds, that were auctioned on Wednesday, expire in October 2015, with a 3.35 per cent base interest rate.

Earlier this week, IGCP issued €500 million in treasury bills, expiring in February 2011.

Meanwhile, a delegation of Portuguese companies told Prime

Minister José Sócrates this week that the nation's debt crisis is disturbing the private sector's financing, and may disrupt investment abroad.

Mr. Sócrates spoke to representatives of 20 Portuguese companies in preparation for his trip to Brazil and Venezuela, later in the week.

According to Luis Filipe Pereira, CEO of electronics firm EFACEC, the debt crisis was on top of the agenda. "It's a lot harder now, because interest rates and

time today in Brussels.

The Commission will launch a public consultation on the most appropriate way forward to improve coherence in contract law in the summer, it said in a statement.

A possible solution could be an optional European contract law (or '28th system'). For example, an Irish retailer dealing with a

EC convenes legal expert group to seek solutions on contract law

The European Commission, seeking to boost cross-border trade and to ensure strong rights for consumers, has convened a new expert group to propose ways to improve contract law in the European Union.

The group of 18 contract law experts, lawyers and consumer representatives met for the first

Portuguese owe millions in outstanding condominium fees



So far the total amount of outstanding condominium payments over six-months old owed by Portuguese homeowners is in excess of €200 million, which experts predict will worsen with time, because of the economic crisis and rife unemployment.

A lack of laws and civic culture are also being highlighted as the main reasons as to why the debt is so high.

Besides the crisis, the sale of homes with unpaid condominium debts and the lack of concern in maintaining semi-public spaces have further contributed to the money owing, which has snowballed into a problem that is dogging families who do comply with payments as well as draining funds for the proper upkeep of buildings.

"It is not possible to give an exact figure, but medium and long-term condominium debts will be in excess of €200 million", António Souto Pereira, who is at the helm of the Portuguese Association for Condominium Management and Administrations Companies (APEGAC), which represents 150 companies in the sector.

The problem, according to ex-

perts, is more evident in urban areas, predominantly inhabited by families with medium and low incomes, but it is affecting all social classes.

"Few are the condominiums where money is not owed, even in those considered to be medium to high class", explained Souto Pereira.

A study by consumer rights watchdog DECO, carried out at the beginning of this year amongst 2,300 associates, revealed that for more than 60 per cent of those surveyed outstanding condominium debts were the main reasons for disagreements over the past five years.

According to the head of the APEGAC, properties being sold with outstanding condominium fees are another main contributor to the debt.

"Particularly serious are the debts belonging to ex-proprietors, that is, those who sell their

properties and move out of buildings without settling their condominium bills first".

Portuguese law as it stands does not make it compulsory for home-sellers to present a declaration from the condominium administration confirming the absence of outstanding debt.

The APEGAC has demanded more regulation of condominium management and administration companies; a sector that is presently growing. It currently comprises more than three thousand companies, professional and amateur and increased regulation is hoped to separate "the wheat from the chaff".

In DECO's survey, one fourth of the people interviewed said they had, over the past five years, come across dishonest administrators, and only 18 per cent said they were summoned to meetings by registered mail, as stipulated by law.



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Brazil ready to help 'lift' Portuguese economy with investment

Portuguese and Brazilian leaders have agreed to bolster trade and investment ties at a time of crisis in Europe and of surging growth and influence in the Latin American powerhouse.



Prime Minister José Sócrates, the Secretary of State for Foreign Affairs, João Cravinho (centre) and the CEO of AICEP, Basílio Horta (left) during a business meeting on May 25th in Estoril in preparation for the official visit to Brazil. (Photo: Lusa / José Sena Goulão)

Prime Minister José Sócrates and President Lula da Silva sealed the new dynamic in the traditionally strong trans-Atlantic relationship last week during a blitz summit in Lisbon at which seven cooperation accords were signed.

"If anything marks the relations between the two countries, it is that we have moved to a phase of economic affirmation", Portugal's Sócrates said, pointing to recent Brazilian investment in the country.

"Times [of crisis] require of us an engagement in this domain", he added.

Da Silva, who ended a week-long trip to five countries with a six-hour visit to Lisbon, said he was "pleased" that the two Lusophone countries were "finally joined in an extraordinary thing", with Brazil in a position to "help lift the Portuguese economy".

The world faced a "unique" economic and financial crisis at a time when Brazil is seeing an "exceptional moment" of growth, he said, recalling that in recent, pre-crisis years Portuguese companies had invested €20 billion in Brazil.

The two leaders' comments came after government and business delegations signed seven cooperation agreements during the 10th Lisbon-Brasília summit, among them an accord between the two countries' oil companies, Galp Energia and Petrobras, to invest €357 million in a biofuels project.

Also in the energy sector, they agreed to pool technical and scientific resources for research in the deep Atlantic.

Other accords, dealt with a common fight against gender in-

equalities and doping in sports, and cooperation between Portugal and Rio de Janeiro State in solid waste management.

Meanwhile, the Portuguese Prime Minister José Sócrates was this week paying official visits to Brazil and Venezuela, where he met the two countries' presidents.

Prime Minister Sócrates was expected to discuss trade and energy issues with Brazil's Lula da Silva and Venezuela's Hugo Chávez.

The first leg of his visit will take him to São Paulo and Rio de Janeiro on Thursday and Friday, where his talks with da Silva will follow up on last week's bilateral summit in Lisbon.

Mr Sócrates then flies to Caracas on Saturday, which he visited for the first time in 2008.

In his meetings with Hugo Chávez, the prime minister was expected to discuss energy policy, particularly in regard to renewable energy technology.

Lisbon's Economy Minister José Vieira da Silva recently said Portuguese companies have the know-how to assist Venezuela in that area.

The Venezuela trip was decided in a recent phone conversation between Prime Minister Sócrates and President Chávez, according to a Caracas foreign office memo.

That conversation was a result of the "permanent high level dialogue between the two governments", and both leaders committed to "mutually help each other to mitigate the effects [of the global financial crisis] and stimulate economic growth paired with social justice", the memo stated.

TPN/Lusa

Counting the cost of lax telecom law application



The European Commission's latest (15th) annual report on the Single European Electronic Communications Market shows that consumers, businesses and the EU economy as a whole are denied the full economic benefits of a truly single and competitive EU-wide telecoms market because of inconsistent application of EU telecoms rules.

The report indicates that most Member States' markets have become more competitive, but remain national in dimension and that the level of competitiveness varies strongly between Member States.

This is why the European Commission's Digital Agenda for Europe calls for swift and consistent enforcement of existing telecoms rules and indicates that the Commission intends to propose appropriate steps to reduce the cost of the absence of a Single Market in telecoms services.

In 2009, Portugal adopted new laws to promote the roll-out of NGA networks. One of them envisaged the imposition of a cost-oriented, open and non-discriminatory access obligation to public utilities' infrastructure, suitable for telecoms networks.

The measures encouraged most of the operators to invest in NGA networks in 2009. Use of mobile broadband reached 16.1 percent as of January 2010, which is the second highest in the EU and just slightly below fixed broadband penetra-

tion (18.6 percent). In 2009, mobile penetration grew by nine percentage points to 46.2 percent, the second highest in the

EU. As of July 2008, 41.3 percent of subscribers were using a provider other than the incumbent for fixed services.



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Lisbon drops six places to 36th in free trade ranking

Portugal fell six places to rank 36th among 125 countries graded by the World Economic Forum in terms of free trade conditions, according to a report issued this week.

While maintaining the 4.6 points out of a possible seven it gained in 2009, Portugal dropped to 36th place from

30th in the 2010 ranking that again saw Singapore leading the free trade pack.

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Abu Dhabi rally ace speaks about comeback at Portugal Rally

■ Brendan de Beer

Abu Dhabi's Emirati motorsports ace, Sheikh Khalid Al Qassimi, will make his FIA World Rally Championship (WRC) comeback at Rally de Portugal this weekend. Al Qassimi's return to the BP-Ford Abu Dhabi team comes as the record-breaking outfit looks to overturn a five point deficit to lead the Manufacturers' Championship.

Al Qassimi - who has spent the last three months chasing a second FIA Middle East Rally Championship (MERC) title - has been plying his trade on the sweeping gravel and desert tracks synonymous with the Gulf region, something he hopes will put him in good stead for the notorious Rally de Portugal, running 27-30th May in the sun-kissed Algarve.

And having notched up a Championship points finish in Portugal last year, Al Qassimi is hoping to go one better and draw on his MERC expertise to tackle the fast open roads and winding technical sections of the 355.32 kilometres course.

Speaking to **The Portugal News** this week, Al Qassimi explains why this particular rally is one of his favourites and how he sees the weekend unfolding.

THE PORTUGAL NEWS: Can you tell us what it is like competing at Rally de Portugal, how does the terrain differ from other events, what are the unique challenges that you will face?

Khaled Al Qassimi: The Portuguese landscape is stunning, but the terrain at this rally is dusty, rocky and hard on the cars. The gravel surfaces throw up challenges that push all drivers to the max, making it an exhilarating experience which the heat just accentuates.

What really sets Portugal apart though is the long tradition of rallying; the heritage of the sport over here is evident by the level of support from the home crowds, creating an atmosphere that is tough to beat. The Super Special Stage in the Algarve Stadium also adds a bit of an extra thrill and makes it a great spectator event.

TPN: You have said in the past that Rally Portugal was your favourite event on the WRC calendar, can you explain why?

Al Qassimi: Being from Abu Dhabi, I have grown up in a warm climate, rallying on sandy and rock strewn roads, so Rally Portugal is the ideal competition as I feel more accustomed to the conditions.

The last time Michael Orr (my co-driver) and I were here we finished in eighth position, after three really successful WRC rallies where we had claimed Championship points in each of them. We were on a real high and the memory of that is a really positive boost that I hope we can use for this year's rally.

TPN: You haven't competed with the BP Ford Abu Dhabi World Rally team since Rally Sweden in February, what have you been up to?

Al Qassimi: This has been a really busy year so far. I decided



that 2010 was going to be the year I challenged for the FIA Middle East Rally Championship (MERC) title since I last won it in 2004, so I have been competing for Team Abu Dhabi in Qatar, Saudi Arabia, Jordan and Kuwait. Although I have been flat out, the extra time behind the wheel should really help me in the WRC and I am hoping to improve upon last year's eighth position.

TPN: The BP Ford Abu Dhabi World Rally team are currently

in second place in the Manufacturers' Championship, can the team move into the lead at Rally de Portugal?

Al Qassimi: The BP Ford Abu Dhabi team have finished on the podium four out of five times so far this season, so we do believe that 2010 is the year to capture the Manufacturers' title for the third time. Team driver Jari-Matti Latvala's win at Rally New Zealand a couple of weeks ago was fundamental to the cam-

paign, closing the gap on our rivals Citroen Total to only five points. Both Latvala and team mate Mikko Hirvonen excel in the Portuguese stage conditions, so we are optimistic that we can edge into the lead following this rally.

TPN: What are your aspirations for the event and for the rest of the season?

Al Qassimi: The MERC events I have competed in so far present really tough gravel and sand conditions, in hot climates,

so I am positive that with four rallies in those conditions already under my belt, I am in a strong position to challenge my closest rivals for championship points here in Portugal.

The BP Ford Abu Dhabi engineers provide unrivalled support for the car and with a team like that behind you I can only look to improve upon an eighth place finish.

* For more on this weekend's rally, see page 21 in this week's edition of **The Portugal News**.

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European measures to minimise disruption caused by volcanic ash

These guidelines are the result of the European Commission, Eurocontrol and the European Aviation Safety Agency (EASA) working closely together with airlines, regulators, and aircraft and engine manufacturers over the past month.

The improved approach is expected to offer Member States greater flexibility in deciding how to manage their airspace, allowing for less flight disruption while still ensuring the highest level of safety.

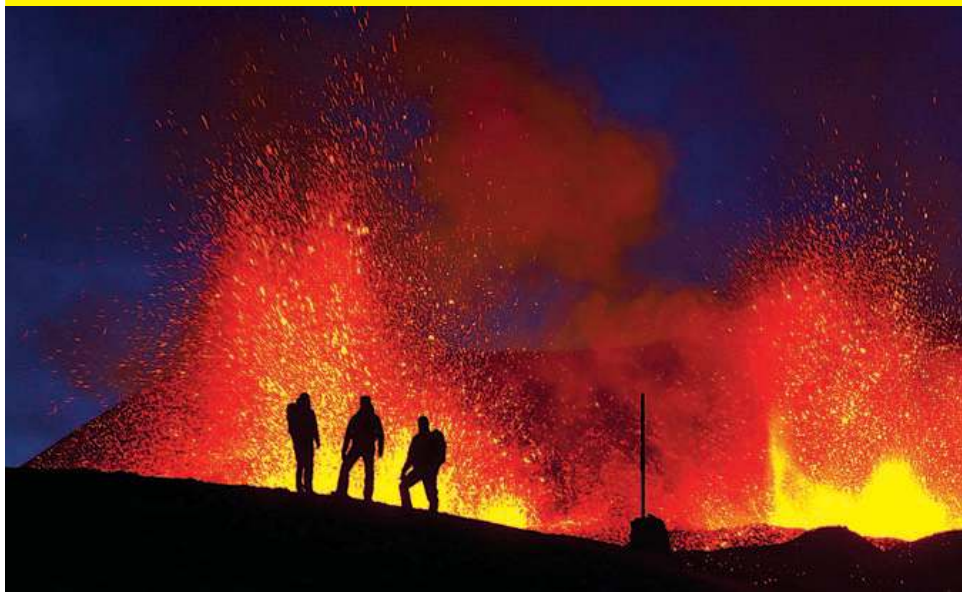
In addition the Commission and Eurocontrol have decided to create a European Aviation Crisis Coordination Cell (EACCC) to ensure a timely response to any future pan-European crisis severely affecting aviation.

Vice-President Siim Kallas, the Commissioner responsible for Transport, said: "This is a great step forward in reducing the impact of a natural disaster that has affected airlines and their passengers. This crisis has highlighted the need for coordinated action at European level, and it is this kind of proactive development that will allow us to find a sustainable solution for dealing with this crisis."

The refined approach involves a safety recommendation (safety information bulletin) by EASA on the basis of airspace zones defined by Eurocontrol.

The zones are named after the colour used to indicate them on charts produced by the Volcanic Ash Advisory Centre (VAAC). These are a white zone where

Guidelines issued this week will help to minimise airspace closures in the event of volcanic ash reaching Europe without compromising safety standards, the European Commission has pledged.



A photograph made available on 25 March 2010 showing locals silhouetted against the Eyjafjallajökull volcano in southern Iceland as it continued to erupt. (Photo: EPA/Vilhelm Gunnarsson)

normal flight operations apply; a red zone ("enhanced procedures zone (b)") in which some volcanic ash may be encountered, but in which EASA considers that flights can take place; a grey zone ("enhanced procedures zone (a)") in which EASA recommends two approaches that al-

low flights under certain conditions and a black zone ("no fly") in which EASA recommends banning flights because predicted ash concentrations exceed acceptable engine manufacturer tolerance levels.

The main evolution lies with a greater level of granularity or in

which the system is sub-divided, in determining the enhanced procedures zone, thereby establishing the grey zone.

This will allow Member States greater flexibility in deciding how to manage their airspace, allowing for less flight disruption while still ensuring safety, the Euro-

pean Commission explained.

The London-based VAAC will publish charts at six-hour intervals.

Eurocontrol will make these charts and all updates available on its CFMU NOP Portal:

<https://www.cfm.europa.eu/control.int/PUBPORTAL/gate->

way/spec/index.html

Member States will publish the approach being used in their area of responsibility and air navigation service providers will manage any airspace restrictions in coordination with the Central Flow Management Unit (CFMU).

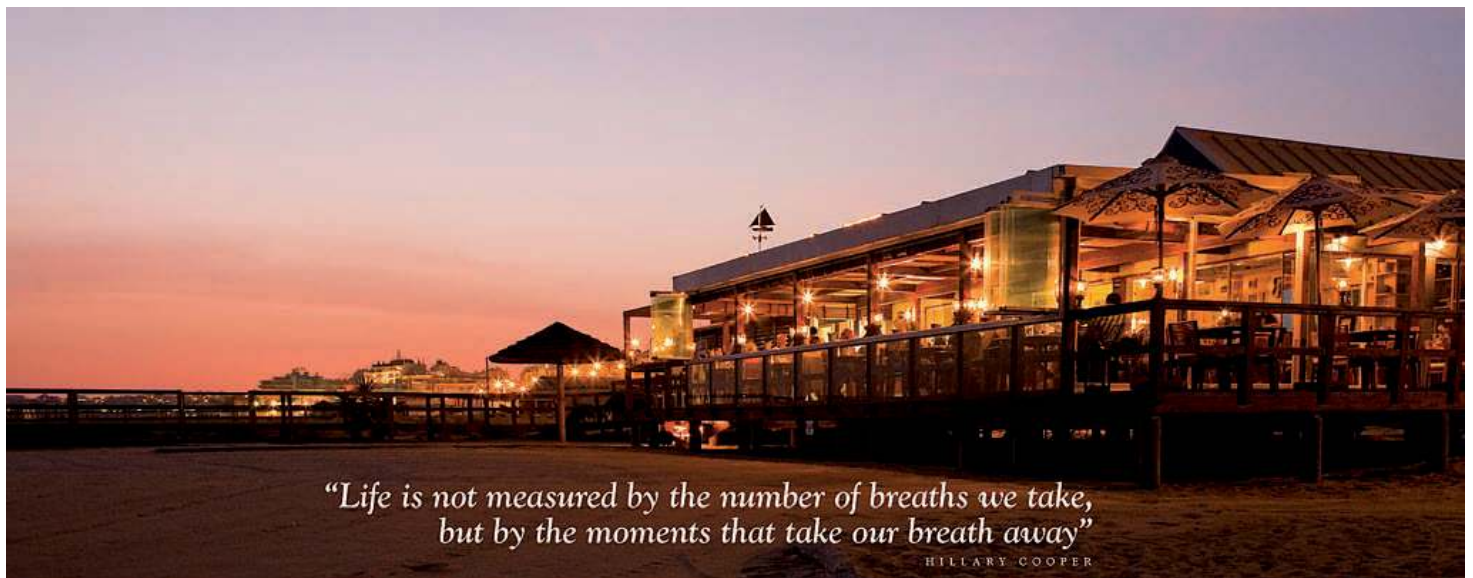
The EACCC will have as its main role to facilitate the management of crisis situations affecting aviation within the European (ECAC) region and will be activated when circumstances beyond the normal environment of operations are evident (e.g. volcanic eruption).

President sends India condolences over air crash

Portuguese President Cavaco Silva has expressed his "deep shock" over the air crash in southern India that claimed nearly 160 lives at the weekend.

In a message on Saturday to his Indian counterpart, Pratibha Patil, Cavaco Silva sent Portugal's "solidarity" and "sincerest condolences".

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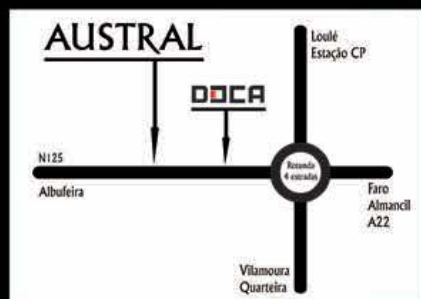
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New €3.1 million church planned for Miraflores



The Algés Congregation and Oeiras Council are building a new church in Miraflores, which is expected to cost a staggering 3.1 million. The project has caused mixed feelings amongst the population, with its five storey high bell tower receiving the most criticism.

Troufa Real, the architectural company in charge of the new church in Miraflores, has caused controversy before when building the Restelo church, in Lisbon, which was planned to have a 95 metre high tower and a gold caravel, designated by many as an "aberration".

Now, the company has caused furore once again with the 'Santíssima Trindade' project, which will boast a five storey high bell tower, with many local residents saying it resembles more a "control tower" or even a "suppository".

Construction of the 'Santíssima Trindade' church began one and a half years ago and is expected to last a further eighteen months. The church's concrete structure is already finished and local residents have been keen to hand out criticisms. "The problem is its size. People walk past here and are surprised when they see it is a church. They could have done something simpler, for half the price. But let's see how it

works out" said Fernando Cruz, 70 years old, adding "I don't know if it looks like a rocket or a control tower."

Another Miraflores resident, Gonçalo Ferreira, took his assessment one step further: "Aesthetically it looks horrible. It looks more like a suppository."

However, some residents are intrigued by what the final outcome will be, with Alberto Ferreira saying "It is normal to criticise something out of the ordinary, which is innovative. I haven't seen the finished construction yet, it might look nice."

Oeiras Council relinquished a 2,600 square metre plot of land for 70 years and subsidised the Algés Parochial Church with one million euros for the construction of the church. Isaltino Morais, Mayor of Oeiras, explained to Lusa Newsagency that the choice of the architectural company was a joint decision between the Church and the Council, not revealing how much the architect was paid for the controversial project.



The Algés Congregation and Oeiras Council are building a new church in Miraflores, which is expected to cost a staggering €3.1 million and boasts a five storey high bell tower. (Photo: Inácio Rosa/LUSA)

Potential effects of natural disasters unveiled

Geography expert Luís Zêzere identified floods, collapses and earthquakes as the most likely natural disasters to strike Lisbon in the future, recommending that limits of construction are imposed in the highest flood-risk areas.

Luís Zêzere presented the 'Risks and Vulnerability in AML (Lisbon's Metropolitan Area)' study last Friday during the 'Geography Party', which gathered Portuguese and foreign geographers over the weekend, under the theme 'Territories at risk'.

The researcher analysed the possibility of natural disasters occurring in Lisbon's metropolitan area, such as flooding from tsunamis, earthquakes, erosion of the coast, floods, forest fires and technological risks; concluding that floods are the most problematic risk, followed by a major earthquake.

The geographer said that in order to prevent tragedies in the case of floods or collapses, the so-

lution is to prohibit construction in high risk areas, with Loures, Odivelas, Vila Franca de Xira, Alhandra and Alverca being prone to floods. "The solution is to stop building. Floods occur in very limited areas and are easily avoidable, because they are areas with other kinds of interest, where we could have urban parks, agriculture, or many other types of use" said Mr. Zêzere, criticised the fact that construction in dangerous areas has not slowed down in the past decade.

Regarding earthquakes, the solution is not to stop building, but to build according to the law that was imposed in the eighties. "Assuming the law is being complied with, we won't have too

many problems with buildings built after 1983. However, it's not completely certain this happens because control isn't very effective and we will only know if the anti-seismic laws are being

employed when there is a big earthquake" said Luís Zêzere, adding that if an earthquake strikes Lisbon, "many of the buildings built before the law was applied will certainly fall."

Bus mows down two in Oeiras, killing woman

Last week, a bus lost control in Oeiras, near the Health Centre, and ran over two people, killing a fifty year old woman and seriously injuring a ten year old child, according to a statement released by the PSP.

The child was immediately taken to the Santa Maria Hospital, in Lisbon, by an Emergency Medical Team with serious trauma to their abdominal

area, requiring an emergency operation.

The accident occurred at around 11 am on Friday 21 May when a bus, transporting a music band, veered into some pillars, running over the woman and the child.

Several authorities were at the scene of the accident and the road was closed temporarily.

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The Good, the Bad and the Ugly

I spent the past week randomly looking, listening and observing in this part of Portugal. It occurred to me recently that I've never seen a black person working in a bank, insurance company, or in any firm of importance except to clean them up. It's true that I live in Cascais, often referred to as the "Beverly Hills of Portugal", but when I asked my banker if she knew of any black managers or tellers in Lisbon, she looked at me with a "not there" blank stare and said, "Um...well, I think I saw one, once, but I couldn't be certain." She then defended her bank: "We do have employees from Goa, and other former colonies." I'm no history scholar, but I thought the ex-colonies also include black Africans. So where are they in the upper employment ranks?

Now the good. Today I had lunch with three dynamic women. The topic of fitness came up. My friend at the table turned to the one woman I didn't know and said, "Berta, tell Pat about your adventure." Then this attractive grandmother somewhere in her late 50's told me, "On my 50th birth-

day, I became the first Portuguese woman to climb Mount Kilimanjaro." I sat there astounded then extracted as many answers her as etiquette allowed. Here's the summary: in her 50th year Berta Marinho set out with a French group and successfully climbed the mountain in five days. "The event changed the way I looked at myself. It was an achievement I was not supposed to be able to do," she said modestly and then asked the rest of us what we do for exercise. When I asked if she had been interviewed by the Portuguese press on her return she said, "No, no one asked me anything." I've asked her to give a talk locally and will announce the date when it's set.

Speaking of events, last Sunday, Richard Zimler, the author of *The Last Kabbalist of Lisbon* and seven other books, spoke to a group of 60 gathered in a Cascais vegetarian restaurant. The event was sponsored by Democrats Abroad Portugal and attracted the new, affable US Ambassador to Portugal, Allan Katz and his wife Nancy Cohn. Zimler was dynamic, bright and very funny. One participant commented, "For that afternoon I felt like I was in New York. Let's have

more cultural events."

Back to the ugly: last week Don and I were walking our two dogs in the park in front of our home. We always set out with plastic bags and leashed dogs, two items I see infrequently with local dog owners. (Why the Portuguese think their dogs don't need leashes I will never understand, even when I see them in the vet cradling their "Bonita" in blankets after being swiped by a car.) On this pre-summer morning a woman walked her pug and we watched as he made a huge "poo" on the newly cut grass. She watched too and then walked off with no interest in picking it up. In my best Portuguese I said,

"You know you're supposed to pick up after your dog." She growled back at me, "The dog poo is biodegradable. The plastic bag is not, so I never pick up." I said "Bom dia" hoping that she will be the next to step in the poo, not us.

We're in World Cup countdown mode these days, so the nation's troubles seem far from people's minds. When I asked a college graduate in my gym if he was concerned about Portugal's economy he said, "Well, I



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once heard something about it. But not very much."

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Lagoa Bombeiros fire-fighters demonstrate equipment to a delighted child at the International Algarve Fair in September 2008. (Photo: The Portugal News)

Activities galore with Sports & Clubs at the International Algarve Fair



Looking for a new hobby? Want something exciting to do in your spare time? How about a bit of fun at the weekend? Or becoming a member of a worthy cause?

If it is excitement, a new skill or new acquaintances you are looking for then pop into the Sports and Clubs Extra-Curricular Activities area at the International Algarve Fair and see what's there.

Back again this year is the Lagoa Voluntary Fire-brigade, bringing with them fun, facts, and their big red fire-engine.

For a nominal fee of €1 children can enter the *Bombeiros'* play area, climb on the engine, play with hosepipes, pose with the firemen, and experience what it's like to be part of a real fire brigade.

In previous years the Lagoa Fire crew have proved hugely popular, and will this year be bringing back the exhilarating zip-line, which runs the length of the stage at dizzy heights and forms part of their official training.

All funds raised will revert to the Lagoa station, which comprises fire-fighters and ambulance crew many of whom work on a voluntary or nominal pay basis.

Val Johnstone, who was an avid campaigner for the Lagoa Voluntary Firemen and left the Algarve last month after many years of fundraising, said before her departure "Thank you to everyone who over the years has helped me raise funds for the Lagoa *Bombeiros*. Because of your support we have been able to provide much needed equipment and protective clothing for the fire-fighters and ambulances that they would not have had without your help."

It was her final request that "you all to continue helping these men and women who give their valuable time and sometimes their lives to help everyone. No discrimination; rich, poor, young, old and even the animals. If you don't go behind the scenes you will never know just how much they do".

"Be assured Lagoa *Bombeiros* have always been most apprecia-

tive of the generosity of the expatriate community. "Over the years I have seen such a great improvement and I am very proud to have helped them on their journey. Please continue to give them your support".

In October 2008 Val Johnston was formally awarded a medal by the Portuguese National Fire-fighters' League for her outstanding voluntary fundraising work, which over the past decade has helped the Lagoa *Bombeiros* purchase much needed and necessary equipment.

If you think you could help continue Val's good work or would like to see the *Bombeiros* in action, make your way to the main food arena at the International Algarve Fair.

Other Sports and Clubs that will be at the Fair and are looking to recruit new members, give lessons or offer services include 'Crazy Paintball', who will have a demo-wall for the equipment to be tried and tested, and football club Geração Benfica, from Portimão, who will also be selling Portuguese football league champions Benfica memorabilia.

The Algarve Clarinet Ensemble will be taking enrolments for private lessons as well as offering information and tips at the Fair. As will the Golf Academy Algarve, who will be on hand to give you tips on everything, from how to improve your swing to what equipment suits you best.

The Morris Ballet School and the Calvário Folklore Dance Ranch will both be putting on performances on the main stage as well as taking enrolments.

To learn more, visit the International Algarve Fair in Lagoa, at the FATACIL exhibition grounds, on June 5th and 6th, from 11h00 till 19h00 (entertainment and restaurants carry on until late, free entry after 19h00). Alternatively, see website: www.algarvefair.com.

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Rally de Portugal ready to enthral spectators



In addition to being recognised as providing spectators with some of the best value and most accessible rally action, this year's Vodafone Rally de Portugal also looks to be extremely popular with competitors.

No fewer than 75 entries for the rally have been received, from 33 countries across all five continents, demonstrating the international appeal of the event, allowing it to have the greatest number of entries so far in the 2010 FIA World Rally Championship.

The 2010 Vodafone Rally de Portugal will count towards no less than seven series: WRC (Manufactures and Drivers), S-WRC (S-2000 cars), J-WRC (Junior), Ford Fiesta Sporting International Trophy, Pirelli Star Driver and the Portuguese Championship. The rally features three legs and a total distance of 1223.07km, including 18 special stages covering

355.32km, almost 30 percent of the rally distance.

Rally de Portugal is the last of a cluster of five gravel rounds before the season switches to asphalt in July after the mid-season break, and BP-Ford Abu Dhabi and its 'Flying Finns' - Mikko Hirvonen and Jari-Matti Latvala - know a top draw points haul is essential if they are to challenge Citroen Total for the coveted Manufacturers' Championship.

And Latvala - who notched up his third competitive win in Rally New Zealand earlier this month - is upbeat about his chances as he hopes to put his 2009 Rally de Portugal horror crash, which was

watched more than 800,000 times on YouTube, behind him.

"I've developed a completely different attitude to my driving this season in my job as number two in the team. That role has helped me to understand the sport better. It's not only about being fastest, it's just as important for a driver to be consistent and finish rallies to fight for the title. It's working well, but I'm not 100 percent there yet and I need to keep working," said the 25-year-old in a press statement sent to **The Portugal News** this week.

"The stage where I crashed out will be used again this year and when I drive through it during the race I will slow down and take a quick look where we went off. I will be changing my pace notes for that corner! But I've put the crash behind me and I won't treat that stage any differently in the rally itself."

Abu Dhabi's lead driver, Hirvonen, is also eager to better last year's second place finish as he sets his sights on navigating the gravel-laden Portuguese tracks, the Finn's speciality surface.

"It's a medium-fast rally and quite technical with plenty of cor-



Abu Dhabi's Al Qassimi is looking to better his 2009 eighth place finish in Rally de Portugal this weekend.

ners over crests, so it's important to be precise with both pace notes and driving lines. Conditions look as if they will be hot and dry and that will be tough for the tyres. The roads have a hard base and on the second pass, once the loose stones have been swept away, the grip will be good, but abrasive, so we'll have to manage our tyres well."

said Hirvonen, who sits eight points adrift of his teammate and fellow countryman in the drivers' standings.

BP Ford Abu Dhabi has finished on the podium in an exceptional four of the five rallies so far this season, and with the return of Al Qassimi, the team will be running a three-car pursuit for the first

time since February.

The action got underway on Thursday 27th May with a Super Special Stage in the Algarve Stadium and culminates this Sunday.

* Also see the interview with Abu Dhabi motorsport ace Khaled Al Qassimi on page 15 of this week's edition of **The Portugal News**.

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A bloody Portuguese reflex!

SIR, In January I noticed there was 'a problem' with the entrance gate to Parking 3 at Faro Airport, as I felt a strong electrostatic power in my finger the moment I touched the button to claim my parking ticket. Two weeks later: same situation. One week later: same situation however the voltage (power) was definitely higher than the other times. Today (Sunday, 23/05 at 13:00) the voltage was so high that my arm was literally shaking. As I had to park my car I had to find a solution in order to get my parking ticket. Therefore I wrapped my handkerchief around my finger and hand and then I pushed the button...

I estimate the voltage must now be around 60 to 80v, which is very dangerous for people having heart problems or having a pacemaker. Therefore I decided to go to the ANA person responsible for parking. I said "I have a problem" ... and suddenly the lady responded, "We know, for several months [there has been] a high electrostatic power on some of the ticket machines and everyday many, many people come to complain." (We noticed several people had the same very unpleasant experience.) "As we do not find the problem you have to solve the problem by yourself, ie. by not touching your car whilst pushing the button for getting your ticket". (I tried that but it didn't help at all).

As apparently this was,

"ANA's solution to the problem", I said that such high voltage is very dangerous for people having a pacemaker. And the lady said, "I know". I insisted to know when repairs would be made and the lady responded, "Why should you not try to repair the machine?" ...

Finally, I told the lady that when I come back to the Airport and the problem is not solved by next Thursday, I will fill out a complaint to ASAE in their Complaints Book. "Be my guest" ... she said "we don't bother at all" ... Who said Portugal is a "tourist friendly" country?

GUIDO, By e-mail

Volcanic ash disruption

SIR, Having returned from England after a delay of 3 days due to the ash cloud closing Manchester airport last Sunday, I caught up on the Portugal News of 15th May. I couldn't believe that someone would be so stupid as to pay out 600 euros to fly from Faro to another airport in England, during one of the previous shut-downs, when the reason the planes were being grounded was because of air-space closure. Did they think that this other airline had special planes that could fly through this dust? Today I read the letter in your paper dated 22nd May, from "name withheld" regarding the problems rebooking flights with TAP. We had booked our flights Faro-Manchester-Faro on the internet, with Monarch Airlines. On arrival at Manchester we joined the

queue for the Monarch desk. When our time came to speak to the assistant we were asked "Do you want transferring to another flight, or do you want your money back?". As simple as that. No fuss, no bother, no arguments. So, thank you Monarch Airlines - looks like you got the Gold Star for your assistance and attitude.

DIANNE MEAKIN, Tavira

For a safer and happier Portugal

SIR, We love the Algarve and its people, but two serious problems deter us from buying property here:

One is the traffic - it is utterly dangerous and life threatening: I have never seen so many drunk or drugged drivers before (but the GNR are only interested in looking for possible tax fraud in their routine checks), so many car accidents - we got involved in one ourselves provoked by a reckless young Portuguese driver.

Number two is the violence, encountered in less than one year in our close circle of friends - which makes it feel much closer and more likely to happen to us one day, than reading it in a newspaper:

1. My neighbour and her daughter were mugged and attacked by a drugged person in Faro.
2. A friend's car was broken into on Faro Island.
3. A German student mugged with a knife in Faro.
4. An Italian student was robbed at gunpoint in Faro.
5. A friend from Germany was beaten up by five people in Faro's 'crime street' - Rua do Prior.
6. A South African friend was sworn at, hit and kicked by a barman in a bar in Albufeira for no apparent reason. (Portuguese friends from Faro confirmed that their friends were also mugged or beaten up for no reason. They do

not report these occurrences to the police because they are sure that the police/judges will not help.)

In my opinion the following should be done: There should be much, much clearer signals that everything is being done to

- prevent criminal acts, violence and drunk and reckless driving,

- deal with these offences quickly, thoroughly and effectively,

- create an absolute zero tolerance towards such offences.

This should be communicated in the media, for example with short television commercials during prime time viewing.

If companies can penetrate television viewers' minds with their advertising message, why can't the government use this vehicle to teach the people how to achieve a safer and happier Portugal?

NAME & ADDRESS SUPPLIED

Funny money

SIR, I thought that John Clare's explanation about how non-existent money continues to circulate was going to be like the one in his blog - another variation of the financial equivalent of the three card trick. From memory, here is another much shortened version:

Just like now, business was pretty poor with practically everyone in the small town in debt to someone else. A tourist went into the only hotel and gave the owner a 100 Euros deposit on a room saying he would be back later to confirm. The hotelier gave the 100 Euros to his wine merchant in part payment of his latest order. He gave it to his tailor for a suit he had made, who in turn gave it to a local councillor for help with a planning application. He gave it to the local pros-

titute for a couple of hours rumpy pump after which she gave it to the hotel owner to pay last month's rent on the room she uses to entertain her clients.

Just then the tourist returned, said he had changed his mind about staying, took his 100 Euros back and left, having apparently solved the financial problems of half the town.

Go figure! As our American friends say.

John Clare's blog, which can be easily accessed by simply Googling 'John Clare Death of the Euro', is worth a visit, if only for the biographical details of his good self.

RON LAVERY, By e-mail

Ref. Pat Westheimer's column

SIR, It is possible that Pat Westheimer last week, does not realize the outcome of what she has written. Portugal's problems are clear, and very serious for all of us.

1) Living on credit, simply owing money whether as individuals or government, Câmara's, business.

2) Attitudes, "So what." (and these people will object the loudest when the EC/IMF intervene.) Attitudes in all sorts of ways need to change and we need to look to the future, especially ours in the EC (rather than every wasting EC funds.)

This is our country, wherever we came from and many Portuguese, especially politicians need to recognize this fact so we are all involved in saving, the correct word, our country. Ex pats need to be involved even more, if my conversations are anything to go by, as the mainland Portuguese have given up hope.

D. TAYLOR-SMITH, Algarve

Gay marriages

SIR, I was delighted to read your front page story last week. The law is allowing gays to be married.

The world needs to recognise that we have a third sex, unique in their mannerisms, habits and personalities. Gays can be flamboyant, highly talented and extrovert and don't we all enjoy them? Think how many entertainers, artists, fashion designers and producers are gay and how much poorer the entertainment and other industries would be without them!

So why should they not be happy, accepted, and have the opportunity to enjoy a form of marriage like the rest of us? Now, perhaps they can desist from promoting homosexuality.

This is what upsets the rest of us, for surely anyone who was not born that way and then enters into homosexual activity is perverted and going down a very wrong road.

Now that gays are recognised, accepted and allowed to marry, it would be good if they could stop pushing gay rights. Ricky Gervais recently commented that on a demonstration for lowering the age of consent to 16, it was interesting that no 16 year olds were marching, but plenty of older men were!

And I hope and pray the next step won't be the legalisation of adoption by gay couples or artificial insemination for Lesbians. If God wanted them to have children, he would have given them the means to make them. No child should deliberately have to start life with the disadvantage of being deprived of a female mother and a male father.

VALERIE HOBSON, By e-mail

Portuguese for Beginners

Emília Rosendo

169

THIS LESSON:
Regular -AR verbs in
Presente do Conjuntivo

As you know, **verbs** are important words in any sentence. They show the **action** or the **state of being** in the sentence. In **Portuguese** there are basically two types of verb, **regular verbs** and **irregular verbs**. Using **FALAR**, to say, let us now look at the formation of the **Presente do Conjuntivo** (Present Subjunctive) of a regular verb in **-AR**.

FALAR is the **infinitive** or the name of the verb. It is made up of a **stem, FAL-** and an **ending, -AR**. To **conjugate a regular verb in -AR in Presente do Conjuntivo** we need to know what **endings** are required.

	FAL	AR
eu	fal	e
tu	fal	es
ele		
ela	fal	e
você		
nós	fal	emos
eles		
elas	fal	em
vocês		

Eu fale
Tu fales
Ele fale
Ela fale
Você fale
Nós falemos
Eles falem
Elas falem
Vocês falem

Presente do Conjuntivo (Present Subjunctive) is used to **express a wish or hope, a doubt, a possibility** and is also used with certain words (**embora - although - antes que - before - talvez - maybe**).

① Put in the **Presente do Conjuntivo** of the verbs in brackets.

- a) Espero que tu _____ (**encontrar**) rapidamente as tuas chaves de casa e do carro.
- b) Vamos embora antes que a festa _____ (**acabar**)!
- c) Ninguém acredita que elas _____ (**trabalhar**) como detectives.
- d) Duvido muito que os vários sindicatos _____ (**cancelar**) a greve geral da próxima semana.
- e) Talvez eu _____ (**apanhar**) um táxi para casa.
- f) Os pais da Rita querem que ela _____ (**tirar**) o curso de farmácia.
- g) Estas crianças nunca ficam cansadas embora _____ (**saltar**) durante todo o dia.
- h) Espero que nós _____ (**acordar**) a horas.
- i) Desejamos que ele _____ (**passar**) no exame.
- j) Embora nós _____ (**morar**) longe do escritório, vamos almoçar sempre em casa.

Sponsored swim raises thousands for charity

A first-ever sponsored swim held at the Boavista Golf's Essential Fitness and Spa Health Club, in Lagos, on Sunday May 23rd, raised €5,000 for the pioneering Madrugada charity.

Thirty-three swimmers of various ages and abilities took to the pool and swam as many lengths as they could in an effort to raise money for Madrugada, a pioneering, multi-cultural project designed to support people in the Algarve with life limiting illness and their families.

On the day of the swim the children in particular were amazing with some of them recording 130 lengths of the pool. Prizes were awarded after the swim to the various age groups, which ranged from a weekend away in a Luz hotel to book to-

kens for the children.

The Pink Cadillacs played a fantastic concert in the afternoon and My Dynamics provided a bouncy castle for the children. A face painter was on hand to decorate faces. All the entertainment was donated free of charge and the management of Boavista laid on refreshments.

The organizer of the event, Yvonne Fisher, a swimming teacher at Boavista, was thrilled at the amount raised and the turnout on the day, adding that following such a huge success, a repeat event next year was definitely possible.

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Cris Piessens Dental Clinic

Long established in Albufeira, the Cris Piessens Dental Clinic is becoming increasingly well-known, not only in the Algarve, but through Europe and as far afield as the USA and Canada, as word of mouth recommendation spreads.

The clinical team provides a complete service for all local residents, from looking after baby teeth through the day-to-day care that everyone needs to replacing or repairing older teeth that need a little more help to function properly. Those who travel to the Algarve from further away for treatment tend to be people looking specifically for first class provision of new crowns, with or without implants, from a specialist with many years of proven success. Nobody needs to put up with ugly teeth or find the simple task of eating painful or embarrassing nowadays - there is always something that can be done to help.

This does not mean that there is a "money is no object" attitude on either side, particularly these days. Everyone is looking for value for money, whatever choices are made about priorities on spending, but sometimes bitter experience makes one realise that this is not necessarily the same as going for the cheapest option available. The old maxim that "you get what you pay for" still holds true and at Cris Piessens Dental Clinic what you pay for is top quality and extremely professional treatment, tailored to your budget but without compromising on standards.

Dr Piessens will be at the Interna-



tional Algarve Fair at Fatacil on June 5th and 6th on Stand 120 in the Business + Zone. (You will find full details about the fair in this paper) If you know that you need dental treatment in the near future, why not go and have a chat with him and find out how he can help you before making any firm decisions. If you also want to know more about the clinic and its team before deciding to make an appointment for treatment, then have a look at the website. If you like what you see, why not then ask around - it's more than likely that you'll find you know one of his patients already. Word of mouth - it truly is the best advice out there.

Property Lynx



Property Lynx Lda Chartered Surveyors has been established in order to consolidate and improve upon the range of independent services being offered to property purchasers, property professionals, banks and others since 1998.

Ian Rostrom BSc MRICS, the Managing Director, is a UK qualified Chartered Surveyor and has been living and working in the Algarve since 1990. Property Lynx Lda now work with, and have established contacts with a large number of respected property professionals, lawyers, architects and others in the region.

This means that a full range of professional services and advice is available to clients no matter how large or small their requirements may be. Services include condition surveys for purchasers, formal valuations for various purposes including mortgages, bank financing, tax returns, accountancy and divorce proceedings. Building supervision and snagging are also undertaken.

Ian has acted as an expert witness in numerous court cases in Portugal and the UK. As he says, "its amazing how varied the instructions we receive are, no two days are ever the same".

One service that has just been launched by Property Lynx Lda is the

Home Information Pack (HIP), which is based on the one currently used in the UK. "Over the last year or so I have talked to numerous estate agents who have all lost sales due to incomplete paperwork or because of doubts a purchaser may have had about the about the property or the information provided to them" explains Ian. "It is a frighteningly regular occurrence".

The HIP is for those wishing to sell their properties and those who are thinking ahead and want to be prepared. Ian together with a lawyer and a Town Planner, look at all aspects of a property, its legality and registration. They obtain a copy of the approved architectural plans from the local authority and crosscheck with a site visit.

Other options can include a short form condition survey, an energy certificate, gas and electrical safety certificates, a topographical survey, water tests, borehole and septic tank registration and even a 360° virtual tour to be used by the agent or owner to help promote the property.

As Ian says, "in such a tough market, confidence plays a huge role in any sale and we know that the Home Information Pack is a valuable tool to vendors and purchasers alike. After all, if you were a purchaser and had a choice of two properties, one with a pack to prove that everything was legal and one without - which would you choose?"

The HIP is obligatory in the UK, but there is now talk about it being abolished; the product does not really fit the market. However, here in Portugal, with so many pitfalls awaiting unsuspecting buyers and seller's alike, reliable checks by experienced professionals are essential and they should be done early.

Free planning clinics are also being held on a regular basis to try to help owners with planning problems or queries. This is a 'no obligation' consultation held together with a lawyer and a prominent town planner. Details of forthcoming clinics can be found on the website and will be advertised in the Portugal News.

ISS Plantiagro

ISS - Plantiagro is a landscape provider in the Portuguese market since 1987, focusing its activity in Construction and Maintenance. Guaranteeing service quality, as ISS - Plantiagro relies on highly qualified and experienced technicians as well as in procedures certified by NP EN ISO 9001.

In addition to privileged experience in landscape services, ISS is a multinational group, the 6th best worldwide provider for Global Outsourcing, which allows us to access know-how from each of the 52 countries where ISS operates. ISS also provides several maintenance services, as Technical Maintenance, Cleaning, Pest Control, Merchandising, Human Resources and Outsourcing, which can be provided through Integrated Solutions allowing ISS to offer more competitive prices plus national coverage. ISS is the eighth largest employer in Portugal.

With a team consisting of over 150 experienced employees, ISS - Plantiagro has the real ability to perform works by direct administration, to which we add the many synergies that result from ISS's size and as well as associated partners, in creating scale economies that allow us to offer competitive quality / price solutions, ensuring that progress is according to plans, and the most scrupulous respect for labour and environmental laws.

Ensure the safety of your property, contracting ISS services, internationally recognized for its integrity, professionalism and efficiency. Their

services are as follows:

- Construction of automatic irrigation systems.
- Construction and maintenance of golf courses.
- Maintenance of automatic irrigation systems.
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New Spas and heat pumps by Certikin - AquaAmbiente



Ocean Dreams Spa Experience

The new Ocean Dreams spas range with pure and elegant shapes tries to achieve the best integration in any environment, both indoor and outdoor. This range is made of different spas dimensions and equipment which go from 76 cm high spas perfect to be installed indoor, to spas for 6 people with 5 seats and 1 bed, equipped with 45 jets to enjoy all the hydrotherapy benefits.

Harmony and design

The Ocean Dreams Spas avant-garde design includes original stainless steel accessories which go perfectly well with grey and white. Both of them are key colors in this range, bringing together harmony, elegance and technology to make the most of the hydrotherapy therapeutics virtues as well as its relaxing function.

Colour harmony and the quality of the materials used make Ocean Dreams spas stand out from the rest.

All Ocean Dreams spas include cover, light, stainless steel bar and ozonator. We also offer UV disinfection as an option. Ibiza, Corcega and Mallorca designs could include: Music and 16 perimetral lights.

Certikin Heat Pumps

Heat pumps are the most efficient system to heat up the pool water, since they take advantage of the external energy, in the ratio of 1 Kw of energy consumption to 5 Kw of output.

Certikin presents a new heat pump range, equipped with a high performance battery. They also include a titanium heat exchanger and have filtration control. The ABS top design, avoids possible corrosion problems.

Characteristics

- Top ABS design
- Titanium heat exchanger
- Automatic filtration control
- Easy control
- R407C gas
- Noise level < 60 dB

THIS WEEK'S PROFILES



Cris Piessens Dental Clinic

For more information on Cris Piessens Dental Clinic, please call 289 589 080, email info@crispiessensclinic.com or visit their website www.crispiessensclinic.com.



ISS Plantiagro

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AquaAmbiente

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Milo & Me

his way through the BBQ cover, and managed to obliterate a mop.

So why on earth would he act like this after previously being so calm and good, you may be thinking.

Well, I'm pointing no fingers here but truth be known, he's always had it in for the mattress and my mum is not exactly a firm hand when it comes to enforcing obedience.

Well, that and the fact painters took over the garden the day before we left.

Yep, that's right, the day before we were due to leave for a nice, relaxing, worry-free holiday we opened our front door to find a tower of scaffolding and four men with water blasters. Gasp. Squeak. Bark.

The builder who we bought the house from had apparently decided it was time for an exterior re-fresh. So we left my mum amidst floods of water, a zillion bits of dried paint, a very excited dog and a constant stream of scaffolding being marched through the house, from the front garden to the back.

Bless my mother, she stood and waved us off so stoically.

Filling, sealing and painting was still going on when we got back. In fact, despite my mother being adamant she needed a 'little rest' after her four days with Milo and the painters, on Tuesday I had to grovel for another day's dog-sitting. At her house.

Until then the painters had man-

aged just fine with Mad Milo prancing about amongst them, in fact he'd become something of a mascot, but with four huge paint tins standing about in the back garden - I was taking no chances. Within minutes of them being there he'd already managed to get half of his snout covered in white paint (cue baby wipes) so that was that. A day with granny! Again!

I have to say the painters were great with Milo; they genuinely enjoyed him being around and it was enthusiastically reciprocated. The scaffolding, on the other hand, was most unwelcome and barked at incessantly, as were all the sheets and blankets that had invaded His Turf. But Milo loved the painters and the fuss they made of him. And hand-on-heart, since we've been back, he's gone back to being a little angel. Not even crossing my fingers.

Now we're looking forward to taking him to the International Algarve Fair, on the weekend of June 5th and 6th, where hopefully he'll be showing off his angelic social skills (hopefully being the keyword). Milo will be meeting Jan Cobley of Paws 4 Pets and her doggies Chloe, Cleo, Merlin and Cassie. Hopefully he will learn some more manners. Should this fail, Milo is fantastic with a paintbrush, an energetic (albeit somewhat messy) worker, and will be available free of charge, seven days a week!

Carrie-Marie Bratley



www.theportugalnews.com



Back from the UK, safe and sound and not a speck of volcanic ash in sight.

The most stressful part of the weekend was trying to make sure we didn't go crazy with our shopping and exceed the meagre suitcase weight limit. Competitive prices they may offer but budget airlines will always be budget airlines.

We had the best weather; I've lived in Portugal for 20 years now and for the first time ever, in all my years of flying between the Algarve and Yorkshire, the pilot

actually said "Unfortunately the weather back in Faro is not as good as the weather here in the East Midlands". Classic!

Anyway, and how was Milo, you may be wondering.

Well, despite my mother's regular reassuring updates, Milo was in fact a little... She left it till we got back at 10'o clock Sunday night to tell us the truth though.

I was not impressed. With either of them.

Despite round-the-clock company, our lovely mutt shredded the sun-lounger mattress, munched

SOS Algarve Animals -

Helping the Algarve's Homeless Animals

Katy Rexstrew and Anne Grogan started their blog 'SOS Algarve Animals'. The blog - www.sosalgarveanimals.blogspot.com - will be updated daily and will feature animals in foster homes and in shelters across the Algarve. If you're able to offer a home to one of the Algarve's animals in need, why not log on to SOS Algarve Animals to see all the dogs and cats waiting for someone to love them.

Jan Cobley Paws 4 Pets 916 273 376
/www.paws4pets.net

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Hi There !

Association Bianca will be present at the **International Algarve Fair on 5-6 June!** We will have with us two adult dogs for adoption: Cyra and Jeli and a lovely cat, Lucky and a few puppies too. Check them out on our webpage: www.bianca.pt/english and maybe you would like to give a home to one? Come and meet us if you would like to talk about another dog or cat that we have. You can contact us at: sesimbra.bianca@gmail.com



Cyra



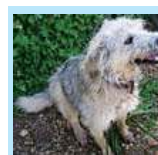
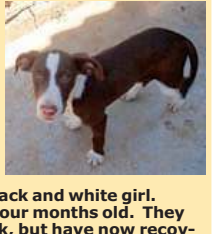
Jeli



Lucky



'The Three Shelter Pups', 1 brown and white boy, 1 black and white boy, 1 black and white girl. Approx four months old. They were sick, but have now recovered. They are living in the cat area at the shelter, so are extra cat friendly. We think they will be medium sized. Please call Laura McGeoch on 927 921 635



SCRUFFY is a male dog, around 4 years old, small size, medium pearly grey lovely coat, is living presently at a pet hotel in Lagos. Scruffy is very friendly and energetic. He was found roaming the streets in Lagos looking for food, and is in need of a loving home and a full plate. He is living

at the moment in a hotel paid by the Association until he finds a new home. If you would like to adopt/help Scruffy, please contact Paula Cecilia on 917 448 583.

YAYA 2 is an extremely playful and energetic two to three year old female. She is medium sized and will follow people around everywhere in the shelter to get as much love and attention from people as she can. For adoption, please email Tania [as6259943@sapo.pt] or call Katy 919 100 160.



MOTHER AND SON. They come as one. Black labradors, sterilised and injected, desperately need loving home together. Tel: 282 687 334

This doggy was found wandering the streets last Saturday. He is currently in a foster home, but needs urgently to find a permanent place to stay. He is male, young, loving. Gets on well with other dogs. Almancil area. Please call Katy 919100160



LUCY is a lovely very young bitch (1 year old). She is very calm and gentle with people and children. She is quite a small dog and loves cuddles and long walks. She is good in the car and excellent with other dogs. Lucy has been tested negative for heartworm, wormed, deflead, vaccinated and she is spayed. Call Valerie for a visit 913 860 865 or lili10.evann@yahoo.fr



Many puppies are waiting for a good loving home. They are very friendly and will be small to medium adult size. They have been wormed and deflead. Call Valerie for a visit 913 860 865 or lili10.evann@yahoo.fr



The Algarve Dog Show
5th and 6th June 2010
Bigger and Better than last year!

The BIG HEART award
Last week for voting!
Voting will close 5th June 2010

How to Vote

1. Go to shop.paws4pets.net
2. Login (if already registered) or register (YOU HAVE TO REGISTER FIRST)
3. Scroll down the Home Page to the poll.
4. Register your vote by clicking on the button next to your chosen person's name.

Can I take this opportunity to thank everyone who has taken the time to nominate people for the Big Heart award. It is good that we can acknowledge the people who spend so much time and effort behind the scenes, to help those who can not help themselves.

All votes will be counted up until 12 midnight on 5th June 2010. The winner will be announced at The Algarve Dog Show on Sunday 6th June 2010 at 6pm, and a presentation will be made to the winner at that time.

Good Luck everyone!

Best Paws Forward!

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Healthy Smile for your Pet

The nurse's clinic at VIP has now been running for a month and both clients and our nurse, Emma, are enjoying it. The consults on Thursday afternoons are free of charge and are for people seeking advice on basic pet health and husbandry skills. You can bring your pet along to discuss any questions you have about topics such as nutrition, parasite control, shampooing and dental health. Emma can look at your pet whilst you are there. If your pet needs to be examined by a vet, Emma will let you know.

The most common reasons so far for people to come in are for questions about control of the various parasites that animals are exposed to on the Algarve e.g. heartworm, Leishmaniasis and ticks and to check their pet's teeth. Many pet owners are not sure about their pet's oral health and it is good chance to have a free dental examination.

Progressive dental and gum disease not only lead to terrible breath (!) but loosening of the periodontal ligament, dental pain and loosening of teeth.

Also, tartar on teeth harbours

literally billions of bacteria underneath it. As you know gums bleed easily when there is even mild gingivitis. When the gums of diseased mouths bleed, there is a massive load of bacteria absorbed into blood stream. If there is compromise to an organ, these bacteria can and will set up 'micro-abscesses' in these organs leading to far ranging diseases.

This is particularly important in older animals who invariably have some compromise to their major organs. Even if not clinical, older animals with dental disease will develop some degree of disorder in the major organs. i.e. The liver, kidneys and the heart.

You can book a FREE appointment with our nurse to check the status of your pet's dental health. She can advise you on oral hygiene and also let you know if your pet needs dental surgery.

VIP wishes all of you, and your pets a happy and safe summer.

Lars Rahmquist (BVSc, Hons. MRCVS)
VIP Veterinary Surgery - Lagos

282 782 282 -

www.vipveterinarysurgery.com

Saturday 5th June 2010

Opening of Show
 Ringcraft Demonstration
 Ruffy Tufty Puppy - Mixed Breed (4-9 months)
 Little 'uns - Young handlers <8 years old

PARADE

Portuguese Breeds
 Best Pedigree Puppy (4-9 months)
 Dog and Owner Lookalike
 Waggiest Tail
 Best Male Pedigree
 The BIG SIT!
 The best Recall
 Demonstration of dog handling
 The story of the Portuguese Water Dog
 Best Portuguese Water Dog
 Junior Handlers - 8-16 years
 Best Female - Mixed Breed
 Doggy with the Best Eyes
 Dog with the X-Factor - best tricks
 Best Groomed dog
 Best Male - Mixed Breed
 Best Female - Pedigree

Best In Show

PARADE

Sunday 6th June 2010

Opening of Show
 Ringcraft Demonstration
 Ruffy Tufty Puppy - Mixed Breed (4-9 months)
 Little 'uns - Young handlers <8 years old

Portuguese Breeds
 Best Pedigree Puppy (4-9 months)
 Dog and Owner Lookalike
 Waggiest Tail
 Best Male Pedigree
 The BIG SIT!
 The best Recall
 Demonstration of dog handling
 The story of the Portuguese Water Dog
 Best Portuguese Water Dog
 Junior Handlers - 8-16 years
 Best Female - Mixed Breed
 Doggy with the Best Eyes
 Dog with the X-Factor - best tricks
 Best Groomed dog
 Best Male - Mixed Breed

PARADE

Best Female - Pedigree
 Best In Show
The Big Heart Award

We have an agility ring running concurrently alongside the main ring where you can come and have a go for fun or do timed rounds. You can enter for as many goes as you want and try and beat your own time, or compete against others to win the overall competition. Register now ONLINE to save doing it on the day. Go to www.algarvedogshow.com for details or pick up a leaflet from Paws 4 Pets, or other outlets across the Algarve. This is a charity event and all monies raised from the dog show will be donated to São Francisco in Loulé and will be donated to several individuals who do sterling work across the Algarve.

We have fantastic prizes on offer - A big THANK YOU to Burns, Natural Dog Food, Applaws, Kong, Company of Animals, Joint Aid, Antos, Dorwest Herbs and Fish 4 Dogs for all their help with prizes - which means even more of the money raised can go to those that matter - THE DOGS ON THE STREET!

A big THANK YOU to our Judge Paulo Coelho who will be joining us for the weekend, and Mel Woodman who will be judging the Big Sit and the best Recall. Also thank you to Rodrigo Pinto for stepping in to give you all an informative talk about the Portuguese Water Dog. A breed which is very close to his heart.

Fiona from Company of Animals is joining us and offering training classes - you can also register online for these. She is an expert on dog training and can help with guiding you in the right direction for helping train your dog.

Paws 4 Pets will have a stand at the fair with lots of special show offers. There will be groomers, vets and rescue centres at the event. You will be able to speak to the people at the rehoming centres about the dogs which they have got for adoption, if you want to adopt a new four footed friend. After the state that my 2 arrived home in last night - they escaped the garden and arrived home stinking to high heaven, so I did warn them that they would be up for adoption if they didn't clean up their act!!!!

Vets in attendance will be Bruno and Rui from Clínica Veterinária de Vilamoura.

PLEASE NOTE THAT YOU MUST HAVE YOUR DOGS VACCINATION PAPERWORK WITH YOU

MICROCHIPPING will be available if you haven't already got this done

Kids get practicing and we look forward to seeing you all at THE ALGARVE DOG SHOW.

Best Paws Forward!

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Hot water on tap thanks to Rotarians

Almancil International Rotary Club (AIRC) has arranged for the hot water system at the Lar De Crianças Bom Samaritanos to be renewed and automated so that when the solar water heating system is inadequate, the gas fired system takes over ensuring a constant supply of hot water. Before the system was updated, it was necessary at times to supplement the hot water requirements by boiling kettles.

AIRC has had a long-standing association with Bom Samaritanos and was pleased to arrange the installation of the new system and pay the cost of €3,765.24, which was raised during several social events and the sale of wine supplied by a friend of

AIRC at a reduced price. The President of the Board of Bom Samaritanos, Joao Carlos, expressed his thanks to AIRC saying "This will eliminate the burden of staff having to boil kettles when there isn't enough sun and the new system, being more efficient will reduce our gas bill considerably".

Seen below are from left to right: Peter Hinze Vice President AIRC, Margarida Castanhito Director Bom Samaritanos and Joao Carlos President of the Board of Bom Samaritanos standing in the boilerhouse in front of part of the new system.

For further information about AIRC please go to: www.rotaryalmancil.org or telephone 2894322 86.



Inaugural meeting of Rotary Club after 4 year wait

The inaugural meeting of ALWIRC, the new English speaking, Algarve West International Rotary Club, Porches, took place at Vila Vita Parc on May 20th. President Paul Lantau, said how delighted and privileged he was to welcome 22 Rotarians and guests to the first meeting, which proved how important it was to start this new Rotary Club in the West.

He thanked Kurt Gillig, Resident Manager and a Founder Member, for his help and support in enabling ALWIRC to use the beautiful setting of Vila Vita Parc as their regular weekly venue. Paul told everyone that the Rotary formalities and procedures for starting the new club had been completed in record time – a matter of weeks not months. This had just been confirmed by the District Governor, Mario Rebelo, who would personally be attending the ALWIRC Charter Night on June 24th. This would be followed on October 30th by a Grand Gala Charter Night, both events at Vila Vita Parc.

The honoured guest was Margarida Castanhito, Technical Director of the Bom Samaritano Children's Home, Alvor who the Club were planning to make their first main charity fund-raising project, over the next five years.

Margarida thanked Paul and the ALWIRC members for their generous plan for help and future

support, explaining how grateful she and her staff were to Rotary Clubs as they only received part of their costs from the government and relied on charitable donations for the rest.

The new Club has already planned two special events for the Bom Samaritano children.

The first, organised by Rotarian Valerie London, is a day out in June at the Lake of Quinta do Lago, for 15 children and staff. The second, is free sailing lessons and trips, organised by Rotarian Bram Bijloo on his sailing boat at Portimão Marina.

Part of the meeting was a short introductory talk on the Meaning of Rotary after which members adjourned for an enjoyable lunch in the Adega Restaurant.

David Trubshaw, the Press Officer, summed up their successful first meeting – "The idea to set up an English speaking Rotary Club in the West was discussed four years ago. Now is definitely the time. We already have 26 potential members with a target of 50 members by the end of the year. We are determined to grow and develop to 'Give Something Back' to our local community based on the Rotary motto of 'Service Above Self'."

For more information about the Algarve West International Rotary Club, please e-mail the Secretary at: theodejager@world.net.pt, or MC - davidmtrubshaw@hotmail.com

has now been confirmed for Sunday, September 19th. The venue will be in the same as last year, the FATACIL showground in Lagoa, the Algarve. E-mail: scruffts2010@yahoo.co.uk for more information.

Fast networking

Algarve Women's Business Network breakfast meeting - 'Improving your network'. Build your contacts and promote your business. Meet other intelligent like-minded women and learn how to improve your networking.

On Wednesday, 9th June at The Lemon Tree Restaurant, Almancil. Gather for coffee and pastries (€5) at 9.15am Meeting starts 9.45am prompt. Introduce yourself and business to the meeting, followed by tips on how to improve your Networking Skills, meeting finishes 10.45am. Net-

working time 10.45 – 11.30am. Don't forget to bring your business cards, publicity leaflets and note pads.

Call Linda Smith on 916881170 or e-mail casadouglass@mail.telepac.pt. Numbers are limited, please book before 8th June, 11pm. For more info, register on www.linkedin.com and join the Algarve Business Woman's Network Group. Location of The Lemon Tree: on the Faro side of main traffic lights in Almancil, opposite the Millennium Bank, plenty of parking at the rear.

Bowls Algarve Summer League

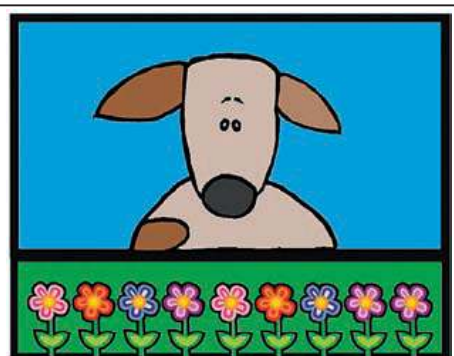
The third round of the Summer League was played Thursday, the 20th May in perfect bowling conditions at the Pedras Club. Three games in the morning saw the Alvor Larks continue their unbeaten record with a 38-25 win over Amendoira, though they did drop their first point, scoring nine to one. Valverde proved too strong for Pedras and ran out winners by 61-16, taking all ten points and drawing closer to the Larks and the Kestrels in the league table. ABC Cats went down to the PDF Pirates who earned their first victory of this season with a 43-32 win and a welcome seven points to three, taking them off the bottom of the table.

In the afternoon the Alvor Kestrels took on Tavira in an up and down match which saw the Kestrels finally win by 42-34, taking seven points to three for Tavira. Kestrels remain unbeaten, but lose ground on the high flying Larks. Finally, Alvor Doves have started to move up

the table and continued their good form with a 42-24 over the Alvor Eagles, taking eight points to two for the Eagles.

Larks continue to lead the pack with 29 points from their three games. Larks and Kestrels are the only unbeaten teams, though Kestrels have dropped more points and are on 24 in second. Valverde move closer to the two Alvor sides, now having 22 points. Doves move into fourth place on 14 points, though the gap has widened. Eagles and Pedras Stones both have 12 points, whilst Tavira and Amendoira are locked together on eleven points each. PDF Pirates have moved off the bottom and now have nine points, whilst the Cats are on six.

Next Thursday the 27th May, all teams play at Amendoira. The match of the round pits Doves against Valverde, whilst Tavira play the Larks, PDF Pirates go up against the Kestrels, the Eagles play the Cats and Amendoira play Pedras Stones. Alan Clarke – League Director



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LAGOA • Fatacil

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BRING YOUR DOG!

Tagus Flag Competition



Winner Peter Dekker with Teresa Mühlenbeck, who came second.

On Friday 21st, May – well into the heatwave – members and guests of The Tagus Golf Society sweltered their way around the Estoril golf course planting their flags along the way as they ran out of strokes.

The Flag Competition is very simple: each player adds his handicap to the par of the golf course (69 in the case of Estoril) and when he/she has played that number of shots, he/she plants a numbered flag in the ground. The player who plants his/her flag last is the winner.

Three of the Tagus golfers reached the 18th fairway, with

Peter Dekker just one putt away from finishing the hole. Second was Teresa Mühlenbeck and in third place, Margot Zimmerli. The Longest Drives were won by Margot Zimmerli and Hilario Sanches and Nearest the Pin was Miranda Thomas.

Lunch was served in the exotic new Banyan Tree Spa, part of the Hotel Palacio complex, who were kind enough to offer a raffle prize of a voucher for a massage and Henk Vaandrager was the lucky winner.

The next Tagus competition will be held in Tegernsee, Germany from 23rd, to 27th June.

Walking in the beautiful Algarve

Wed. June 2nd - Let's Walk from Carrapateira

A great walk of 2.5 hours through part of the Natural Park with views to the sea and over the countryside, one climb.

14.00 start meet by the mercado in Carrapateira. Drive along the EN125 to Vila do Bispo and then take the slip road for Aljezur. Follow the road for about 9km when you will arrive

at Carrapateira with the mercado and cafes on the right (also parking).

All are welcome to come along - there is no need to book (there is a charge of €5 per walk which includes a donation to charity). Please wear comfortable shoes, bring some water and a sense of humour! If you require more details please call: Julie Statham on 965 753 033.



Bike rides

Saturday, 29th May: Bike Ride - Starting at Penina Village. Park wherever you can near to the centre of the village, there is a cafe there. Meet at 09.45 for a 10.00 start. A ride of around 35 km on challenging and hilly terrain.

Sunday, 30th May: Bike Ride - Starting in Figueira. Figueira is close by the EN125. Travelling from the east, take the second exit to Figueira and park by the football pitch. Meet at 09.45 am for a 10.00 start. A mostly flat and gentle ride of around 35km on a mixture of dirt tracks and tarmac roads.

Wednesday, 2nd June: Bike

Ride - Starting at Quinta Shopping. Park where you can and the ride will start from outside the Irish bar De Barra. Meet at 6.20 pm for a 6.30 pm start. This will be a moderately challenging ride on a mixture of dirt track roads and tarmac.

For more information call Paul Beesley on 913226954 or e-mail: paul.beesley@sapo.pt or visit 'Algarve Bike Rides' on Facebook.



Scruffts 2010

The Association for Protection of Animals in the Algarve are pleased to announce that the 11th Scruffts 'Dog of the Year Show'

Den Miles to exhibit at Pestana Alvor Hotel

From June 1st to July 31st, artist Den Miles will be exhibiting his thought-provoking works of art at the Pestana Hotel Alvor.

Have you ever wondered what it would be like if we could see sound? And what sound would look like alongside thoughts and dreams? These are the perceptions that talented and visionary artist Den Miles explores and portrays in his unique paintings.

Painting since childhood, Den's works are captivating, thought-provoking explosions of colour that incorporate two of his main passions: surrealism and music. Describing his work as "abstract surrealism", he interprets unseen factors of music, such as sound waves and vibrations, in his trademark, imaginative way of depicting 'beyond the beyond'.



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Celts and kilts

Many celts were dressed in kilts and tartan and attended the special Kirling Service on Sunday, May 23, in St. Andrew's Church of Scotland, Lisbon.

Kirling is a Scottish tradition of long standing. It reminds us of a time when the wearing of tartan, the playing of bagpipes and the bearing of arms was outlawed by a certain neighbouring power.

Sunday mornings would see Scots secretly carry a small piece of their clan's tartan to church under their clothes. At the close

of the service, with the blessing, the tartan was also blessed, signalling God's favour on the Scots.

Kirling services are held throughout Scotland to this day – for the parliament and town councils; for societies and associations. The service provides an opportunity for Church and Society to come together, to celebrate together, and to find ways of working together.

On Sunday, David Wilkie, Chieftain of the St. Andrew's

Hervé Schneid's masterclass in editing

Hervé Schneid will be giving the Editing Masterclass at FEST – International Youth Film Festival. Hervé Schneid is a long established editor and collaborator with Jean Pierre Jeune, and responsible for editing of 'Delicatessen', 'City of lost Children', 'Alien Resurrected', 'A Very Long Engagement' and the amazing 'Amélie', (for which he was nominated for a BAFTA, Cesar and Eddie), among other films. He has also edited films for other great names in the film industry, such as Lars von Trier, Mike Figgis, Sally Potter, Johnny

Depp, and many others.

This is a unique opportunity to hear a lecture by one of the world's best film editors. Be sure to register your place as soon as possible as places are limited, and the clock is ticking. Registrar at: www.trainingground.fest.pt

FEST will take place from 22nd to 27th June in Espinho. FEST is where film makers and film enthusiasts from all over the world gather for one week, to attend a deluxe training from workshops to masterclasses, lectured by the industries top experts with recognized achievements.

Quinta dos Vales news

Quinta dos Vales will be at the International Algarve Fair, taking place at Fátacil, Lagoa on June 5th and 6th, and some of our bears from the exhibition 'Dança dos Ursos', as well as some of our larger sculptures will be exhibited.

On June 5th we are hosting the Jogos Olímpicos at Quinta dos

Vales organized in cooperation with Universidade da Criança.

And Quinta dos Vales is opening a permanent Wine and Art sculpture and garden design park in Porches. It is adjacent to the new roundabout on the EN125 and has an area of nearly 500sqm. The exhibition opens at 9:30am on Saturday, June 26th, sights are free.

Quinta dos Vales has recently received numerous international medals and awards. Having enrolled 4 wines in several international competitions we have earned a minimum of two awards per competition while in some we have seen all our wines rewarded. This is a great success, considering the following:

- just 3 years in production, since we took over the winery in 2007
- 11 wines produced since that take over and
- 22 medals and awards in international competitions in 2009-2010.

In addition we have started gaining some national recognition, amongst which Anibal Coutinho, the renowned Portuguese wine critic, has distinguished three of our wines in his listing of the best 285 wines of Portugal, therein giving 90 out of 100 points for our Grace Touriga National wine.

Dream party

A garden party was held by Chris and Robert Michie on 21st May in aid of the Castelo de Sonhos. Approximately 60 people enjoyed an afternoon of sunshine, refreshments and good company. €670 was raised and our thanks go to Chris and Robert for all their hard work.

Fun and excitement at Vale do Lobo

There will be plenty of fun and excitement for everybody of all age groups at the Wolf Valley Charity's Golf and Family Day. It is open to everyone.

For golfers there is a 4 Ball Better Ball Stableford tournament on the Royal and Ocean courses for teams of two. Prices for the golf are a super competitive €60 per person (and this price includes a €5 voucher for refreshments at Spikes). To increase the blood pressure there is a hole-in-one competition in which an Audi A6 and a VW Passat are up for grabs. Buggies will be available (please call 289353465). To make golf bookings please call Graham Miller at 934116652, Vale do Lobo at 289353322 or email: wolfvc@yahoo.com

Algarve Racing will also be having an open day with plenty of exciting racing cars, a helicopter,

a Honda Superbike and a powerboat racer.

There will be opportunities to fly in Algarve Helicopters' Robinson R44 – a great way to experience a new dimension in flight and to see the local area.

There will be two raffles. The Wolf Valley Charity's raffle has some great prizes including return British Airways tickets to London. Algarve Racing's raffle has exciting rides in racing cars, and helicopter plus an opportunity to be a VIP guest at the Autódromo do Algarve in Portimão.

Other attractions include a Tombola, wine tasting, a putting competition, a book stall and plenty of other fun items.

This year the Wolf Valley Charity Fund is supporting ASCA who are building a new residential care center for the elderly, Existir and UNIR.



"Any last requests, Mr. Macheath?"

Samuel Johnson believed that few things concentrated the mind more than the thought of being hanged in the morning.

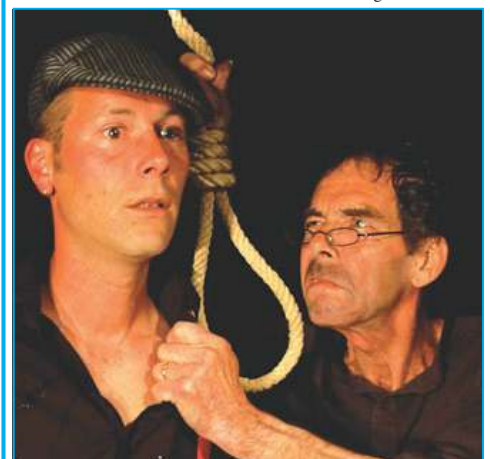
Macheath – whose business is theft and relaxation is chasing women – is one of literature's best known anti-heroes, star of Kurt Weill's song Mac the Knife. Brecht and Weill created a 20th century version of John Gay's 18th century story.

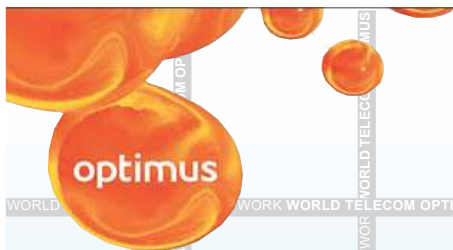
Aperitivo, the multinational performance group, have created a 21st century version, keeping the light hearted humour of the original but including a little of the Brechtian darkness. It is a version where the only knife is in the hand of one of Macheath's dis-

carded girlfriends, and the action is more Guys and Dolls than cops and robbers.

Tickets for The Beggar's Thruppence are €10, €8 for Members, and it can be seen at two public theatres: at the Museum in São Brás on 4th and 5th June at 7.30pm, and at the newly restored theatre in Messines (Sociedade de Instrução e Recreio, Messines) on 11th and 12th June at 8.00pm.

For more information contact admin@amigos-museu-sbras.org, tel. 966829073 for reservations, or visit the website of the Friends of the Museum at: www.amigos-museu-sbras.org





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Sorting out the spammers

Spam Email

Emailing has become an efficient and convenient way to communicate, but with the rise of spamming, many are seeking ways to regain control of their inboxes. Spam email, which is also known as bulk email or junk email, is any unsolicited email that tries to sell the recipient on a product, service or otherwise tries to get them to take some action that would benefit the spammer.

The most widely recognized form of spam is, e-mail spam. However, the term also applies to similar abuses in other media such as: instant messaging spam, blog spam, wiki spam, online classified ads spam, Usenet newsgroup spam, web search engine spam, mobile phone messaging spam, Internet forum spam, junk fax transmissions, social networking spam, and file sharing network spam.

How do Spammers get Email Addresses?

Spammers use various methods to get email addresses, but people generally start receiving spam email once they: post a message on a newsgroup; give their address to an online retailer; sign up for a product or service online; e-mail a spammer asking them to remove their address from their mailing list, or place their e-mail address on a website. There are other methods that mass mailers use but most methods can be thwarted with a little know-how.

Dictionary Attacks

The dictionary attack method uses software to generate new email addresses, by guessing the first part of the address and appending it to the domain name of a popular email service provider. For example, a dictionary attack will easily guess john@gmail.com and pcjunky@yahoo.com.

Placing underscores in your email address will slow down all but the most sophisticated email address generators. Protect yourself by using hard to guess email addresses, or include numbers and special characters in your address. It is unlikely that an email generator will easily guess an address like, 201jackson5@live.com.

Third Party Lists

Spammers often purchase email addresses in bulk from a third party. They will then extensively market to the new email addresses, or sell them to someone else. These lists are compiled by email merchants, from different sources, and resold. Interestingly,

most of the addresses on these lists are actually surrendered by account holders, who freely give up their contact details in exchange for the promise of a product, service or information.

If you are asked to submit your email address, make sure you are giving it to a reputable company or individual. Even so, read their privacy policy to see if they will make your contact details available to third parties. Uncheck any box that gives them the right to share, or sell your contact information to a third party.

Make it Difficult for Spammers

Think twice before you start, or forward chain letters or petitions. Every time you do so, you expose all the email addresses in the "To" and "Cc" fields to be harvested by spambots. Instead, use the "Bcc" email field, if your recipients don't need to see the other email addresses. None of the people you send chain letters to may be spammers themselves, but in the event that their computer is hijacked, all the contacts in their address book will be vulnerable.

If you are asked for your email address, consider whether the entity that asked for it really needs it, and whether you trust them with this important contact detail. You can setup a free email account and use it to sign up for products and services online; reserve your primary email address for your trusted friends and associates.

You can always misspell your address when you register online. Of course this only works if the site doesn't insist on sending you a confirmation email, or important information to this address. In any case, you should do all you can to keep your contact details off mass-mailers lists.

Thwart Email Harvesters/Spambots

Some spammers use email harvesters (spambots) to scan web pages for email addresses. Common targets for email harvesters are message boards, forums and social networking websites. The harvesters identify email addresses as text that has the "@" symbol followed by a ".com."

If you must put your email address on a blog or forum, you can thwart email harvesters by writing addresses without the "@" symbol, or you can try munging the e-mail address. Munging means that the email address is displayed in a form that is easily read by humans, but not by spambots. An example of this would be to display your email address as a graphic. The other option would be leaving out the "@" symbol. For example, "john[AT]emailprovider.com." You can then instruct people, who want to e-mail you, to replace [AT] with the @ sign.

Use a Spam Filter

Most spam filters work by blocking emails that appear on the spam blacklist that they maintain.

There are some free spam filters, but you might want to consider paying for a good service, if the number of spam you are receiving is getting out of hand. Some popular spam filters include: SpamFighter, SpamEater Pro, ChoiceMail and MailWasherPro.

You can also block spam by using the spam filter tool that many popular free email services offer. To take it one step further, you can view the header of the spam email, to determine the domain/service provider the spam email came from and make a complaint to the spammer's service

provider. Most email service providers don't require much complaining to block or cancel the account of an offender.

Never Reply to SPAM

The only way that mass-mailers can verify that your email address is active is when you respond to their spam, or when you open an email that has embedded elements. Spammers can verify that your email address is active by including (in the body of the email) a link to images that is hosted on their servers. When you open or preview the mail, your email program will access their servers to display the image, once the spammer sees that the image is accessed, they know your email address is active.

Another trick that is commonly used is that of including an UNSUBSCRIBE button in the spam message. If you click this link, you won't be taken off the mailing list, but instead you would have confirmed your email address as being active and ready to receive more junk. Never reply to spam, just delete them.

There is another reason you

shouldn't respond to a spam message. Spammers will forge the spam email address they are sending from to appear as if the spam email is coming from someone else. Often they accomplish this by hijacking someone's account. If you respond to the spam email, the original account holder will get your email. They, on the other hand, may flag your email as junk, which now makes you a spammer.

How to Report Spam

So what recourse do you have if you can't force spammers to stop sending you junk? There is US legislation covering spam emails. It is known as the CAN-SPAM ACT (Controlling the Assault of Non-Solicited Pornography and Marketing Act). You can report SPAM emails by forwarding a copy to spam@uce.gov and for more info visit their website at <http://www.ftc.gov/spam>.

Summary

Spamming will remain economically viable as long as advertisers have low operating costs, and people keep responding

favorably to their email campaigns. Even with the requisite legislations, it is difficult to hold spammers or their Internet service providers accountable for mass mails.

We will stop receiving spam email if we play our part in ensuring that spammers don't make a profit. Never buy anything from an unsolicited email, no matter how good the offer looks, because you are only ensuring that you, and others, will get even more spam in the future.



Kurt Pardon • I.T. Director
BlueChipIT part of the
Portugal News Group
info@bluechip-it.com
Tel: 707 940 332



Visit the Business + Zone

Enjoy a glass of champagne in the Vila Sol champagne bar; talk finance with Ashbourne Villiers; take a *bica* and *pastel de nata* in The Portugal News Café; find out about Acupressure mats on the Shakti stand; be beautified at Salo Elysium; sit on the casting couch at SoulKitchen Productions; wonder at stained glass by A Arte dos Vitrais; discuss a brand new smile with Cris Piessens Dental Clinic; view those wonderful gel fires at Joro. In case you don't win the Royal Caribbean Mediterranean cruise you can book one on the Melair stand and Global Web will advise you on web design. Lagoa City Hall will be there to tell you about their latest plans and developments in the area, and Optimus and WorldTelecom have combined to update you on the latest telecoms, but if you are looking for the exotic, Fantasia Magreb are there to inspire and delight.

All this is in the Business + Zone in the Pavilion at the International Algarve Fair. Quiet, relaxed and exclusive.



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5 & 6 June



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where all
the
Algarve
meets!



NO SPAM

NORTH**DAILY****CALDAS DA RAINHA**

Museu José Malhoa - Paintings, sculptures, drawings, watercolours and ceramics on temporary and permanent exhibitions - Parque D. Carlos I - T. 262 831 984

CALDAS DA RAINHA

Municipal Museum - Since (1985) the construction of António Duarte Atelier and Museum, the Local Council of Caldas da Rainha has been constructing one of the most important nucleus of Portuguese Sculpture of the 20th century. The exhibit, conservation, study and divulgation of the collections is divided in the three museums - T. 262 840 280

GUARDA

Museu Municipal de Arte Moderna Abel Manta - The collection includes works by Carlos Botelho, Júlio Resende, Menez, Paula Rego, Vespertino, António Dacosta and many others - Open: Tuesday to Sunday from 10h00 to 12h30 and from 14h00 to 17h00 - Free entrance - Rua Direita, 45, Gouveia - T. 238 493 648

PORTO

Casa da Música - Guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before visit - Price: €2; Free for children under 12 - T. 220 120 214 - Avenida da Boavista, 604-610 - www.casadamusica.com

PORTO

Serralves Foundation - Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h - Visits to the park; Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Location: Rua D. João de Castro, 210 - T. 226 156 584 - www.serralves.pt

May 29**GUIMARÃES**

Concert by Slimmy promoting his new album 'Be Someone Else' at Café Concerto de Centro Cultural Vila Flor - Avenida D. Afonso Henriques, 701 - T. 253 424 700

www.theportugallnews.com**Until June 6****GUARDA**

Minigolf at Urban Park 'Rio Diz' (next to the children's playground) - 9 courses for all who want to try this game

Until June 13**PORTO**

Exhibition by Lourdes Castro and Manuel Zimbro: A Luz da Sombra (Shadow Light) - Serralves Museum - Rua D. João de Castro, 210 - T. 226 156 584

June 20**PORTO**

Promenade Concert performing Mendelssohn's Concert for Violin and Orchestra - 11h30 - Coliseu do Porto - Rua Passos Manuel, n.º 137 - T. 223 394 940 - Tickets: See bottom page

Until June 27**GUIMARÃES**

Exhibition by Fernando Brito - Palácio Vila Flor - Price: €1 (€0.50 w/ discount) - Av. D. Afonso Henriques, 701 - T. 253 424 700 - www.ccvf.pt

Until June 30**VILA REAL**

Exhibition 'Roman women in the museum's coins' - Museu de Arqueologia e Numismática de Vila Real - 259 320 340

July 6**PORTO**

Concert by Melody Gardot promoting her album 'My One and Only Thrill' at Sala Suggia de Casa da Música - 21h30 - Avenida da Boavista, n.º 604-610 - T. 220 120 214

July 16**VILA NOVA DE GAIA**

Placebo in concert - Festival Marés Vivas '10 - Tickets: See info at bottom of page

July 17**VILA NOVA DE GAIA**

Ben Harper in concert - Festival Marés Vivas '10 - Tickets: See info at bottom of page

CENTRE**Daily****CASCAIS**

Cascais Cultural Centre - Concerts, shows, exhibitions, & other events. - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália - T. 214 848 900

CASCAIS

Sea Museum 'Rei D. Carlos' - Rua Júlio Pereira de Mello - 10h00-19h00; closed Mon & holidays - T. 214 825 400

ESTORIL

Casino Estoril - Praça José Teodoro dos Santos - T. 214 667 700 - Info.estoril@estoril-sol.com

LISBON

Mercado da Ribeira - On the riverfront, this popular market is the Coolest Place in Town - Crafts, events, gastronomy - Av. 24 de Julho

LISBON

National Coach Museum - Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family - Open from 10h00 to 17h30 (Closed Mondays) and public holidays - Praça Afonso de Albuquerque - T. 213610850

LISBON

Oceanarium - Spectacular design by Peter Chermayeff, it is one of Europe's biggest oceanarium - Park of Nations - 10h00 to 18h00 - T. 218 917 002

LISBON

Influxcontemporary - A museum dedicated to African Contemporary Art - Open from Wednesday to Saturday from 14h00 to 19h00 - Rua Fernando Vaz, 20B - T. 918 501 234 - www.influxcontemporary.com

SANTARÉM

Visit the Casa-Museu Braamcamp Freire on Rua Braamcamp Freire - T. 243 304 480/1

Until May 29**LISBON**

Exhibition by Diogo Evangelista - Galeria 111 in Lisbon, situated on Campo Grande, n.º 113 - T. 217 819 907 - www.111.pt

May 29**LISBON**

Concert by Gulbenkian Orchestra - Grand Auditorium - Calouste Gulbenkian Foundation - Ave. de Berna 45A - T. 217 823 000 - www.gulbenkian.pt

May 29, Jun 4 & 30**LISBON**

Lisbon Festivities '10: Street Animation! - Street animation and dancing throughout the city - Pick up a programme at the Lisbon City Hall.

Until May 30**LISBON**

Bounce 'Streetdance Company - Classic hip-hop version - Oceanos Auditorium of Casino Lisboa

LISBON

Rock in Rio - Performing are artists like Miley Cyrus, McFly, DZRT, Dubfire, Audiofly, DJ Vibe, Rammstein, Ramp & Hail, Green Velvet, Jim Masters, Jiggy, Heartbreakerz, among others - Parque Bela Vista - Tickets: See bottom of page or www.rockinrio-lisboa.sapo.pt

May 30**LISBON**

Black Eyed Peas Concert - Cheryl Cole opens the concert - Estádio Nacional - Tickets: See bottom of page

LISBON

Concert by Ricardo Parreira and Fernando Alvim - Centro Cultural de Belém - T. 707 303 000 - www.ccb.pt

Until June 12**LISBON**

Paintings by Isabelle Faria - Galeria 111 - Rua Dr. João Soares, 5B - 217 819 907 - www.111.pt

Until June 13**LISBON**

Exhibition by Catarina Dias and Gabriela Albergaria - Museu da Cidade - Campo Grande, 245 - 217 513 200

www.theportugallnews.com**SOUTH****Daily****LAGOS**

Charity Shop in Amádena - Charity Shop in what was old supermarket on the square past 'Brody' and 'O Poço' restaurants - LAPS - Lagos Animal Protection Society - T. 282 687 334

Every Wed & Thu**SILVES**

Exhibition of artwork by Hilary Cunningham - Vivenda Rosal Pedreira - Watercolour, pen ink & wash, oil & pastel. Prior to visit, please call 282 332 190 or 917 169 053

May 29**ALMANCEL**

Concert by Katya Apekisheva (piano) and Jack Liebeck (violin) at Centro Cultural São Lourenço - T. 289 395 475 - www.centrocultural-saolourenco.com

OLHÃO

Concert by Nuno Guerreiro at the Municipal Auditorium at 21h30 - T. 289 710 170

SILVES

Live Music by Red Earth - Latin jazz trio at 20h30 - James Mellor (piano), Bony Godoy (bass), Paulo Rosa (drums) - Café Inglês - T. 282 442 585

May 30**FARO**

Walk in Ria Formosa for a Healthy Heart - Departure at 10h00 at Cais das Portas do Mar - T. 289 889 760

LAGOA

German Cabaret Show by Bruno Jonas - Municipal Auditorium - 21h30 - T. 282 380 452

FERRAGUDO

March/Run through the Algarve - Departure at 9h30 Rainha D. Leonor Square (8h00 departure from the Bus Terminal)

SÃO BRÁS DE ALPORTEL

Sacred Music Concert by the Amigos do Museu Choir and Grupo Consort Al-Garb - Matrix Church - 19h00

SILVES

Banda Atlântica - Afro latin quartet - 15h00 - Café Inglês 282 442 585

Until May 31**SÃO BRÁS DE ALPORTEL**

Exhibition 'Between Mountains and Fountains' by Manuel de Sousa Teodoro - Municipal Art Gallery of S. Brás de Alportel - Avenida da Liberdade (next to São Brás Cine Theatre - 10h-13h / 16h-19h - Ts. 289 841 959 / 289 840 000

June 2**LAGOA**

Music and Dance from the middle East and India with Eduardo Ramos at the Municipal Auditorium at 21h30 - T. 282 380 473

June 5**LAGOA**

Orquestra do Algarve and Joana Amendoeira will perform on the Municipal Auditorium Square at 22h00 - T. 282 380 473

For more events, see our Club and Community Pages - pp26-27 and our Classifieds - pp 58-62

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.
Websites: www.pavilhaoatlantico.pt / www.ticketline.pt / www.blueticket.pt / Phone numbers: Ticketline 707 234 234 / 707 780 000

SÃO BRÁS DE ALPORTEL

Painting Exhibition by Damásio José Rafael at Galeria Municipal - Avenida da Liberdade - T. 289 840 000

Until June 9**MONCHIQUE**

Exhibition by São Nunes 'In Memoriam' at the Galeria Santo António - Times: Tue: 12h-19h, Wed-Fri & Sun: 12h-16h - Ts. 282 913 130 / 925 004 051 - www.artegalgarve.net

Until June 13**ÉVORA**

Exhibition 'Oriental Weapons. Rituals of Power' - Jorge Caravana's Collection - Évora Museum - T. 266 702 604

PADERNE

Exhibition 'From Russia with love' by Svetlana Kurmaz'f - Galeria Corte-Real, Bistrot des Z'Artes (Open for dinner every night except Tuesday), 19h00 until 22h30; 919 407 366 - Galeria Corte-Real is signposted from Boiqueime, Ferreiras and Paderna - open from: Thu-Sun, 11h00-17h00 - Ts. 918 980 199 or 912 737 762

Until June 18**LOULÉ**

Painting Exhibition 'Pangloss and Optimism' by Christine Henry - Art Gallery Convento Espírito Santo - T. 289 400 684

TAVIRA

Exhibition 'City and Rural Worlds' - Tavira Municipal Museum / Galeria Palace - T. 281 320 540

Until June 24**ALMANCEL**

Painting Exhibition by the renowned Spanish artist Juan Martínez at Centro Cultural São Lourenço - T. 289 395 475 - ccsl@iol.pt

Until June 25**SINES**

Exhibition of the Sines Museum archaeological collections - Sines Museum - Organization: Museu de Sines - T. 269 632 237 - www.sines.pt

Until June 30**LAGOA**

Exhibition by Willem Sneijers - Convento S. José - Rua Joaquim Eugénio Júdice - T. 282 380 434

Until July 31**SERPA**

Exhibition 'Relógios mecânicos de 1910 a 1970' (Mechanical Clocks from 1910 to 1970) - Museu do Relógio (Clock Museum) - T. 284 543 194

Until September 29**ESTÓI**

Exhibition by René Bertholo - Roman Ruins of Milreu

December 10**LISBON**

LADY GAGA on her 'Monster Ball Tour' - 20h30 - Pavilhão Atlântico - Book now! - PDM TRAVEL - Rua Vitor Costa e Silva 15 Loja F, 8600-764 Lagos - T. 282 782 078 - info@pdm-travel.com

PREVIEW

June 19 - The Corte-Real Gallery welcomes the new resident artist Elsa Zorkow who, as an artist, is open to any sensory, emotional, sentimental or aesthetic impulse emanating from the surrounding world. She compares herself laughingly to a sponge, absorbing every day experiences as well as dreams and memories. Elsa paints with all the resources of her being, with body and soul. Sharply contrasting colours, wild movements and rhythms, bold and firm brush strokes. Her exhibition 'An Exuberant Sense of Freedom' is on display at Galeria Corte Real from June 19 to July 18 - To get there: From the protected village of Paderna follow the signs 'Corte-Real' - The gallery is open Thu through Sun from 11h00 to 17h00 TM: 912 737 762 / 918 980 199 - www.corterealarte.com

Since April 24 -

The Musical that was a hit on Broadway 'Annie' at Rivoli Teatro Municipal in Porto - Although Annie, the musical, did not debut on Broadway until the late 1970's, the Orphan Annie comic strip on which the musical version is based has long been a family favorite. Annie, the musical, takes place in 1933 in New York City during the depression. It's the story of an orphan (Annie) whose optimism and positive spirit allow her to cope with her unfortunate circumstances. Always the optimist, she dreams of the parents that she knows will be coming for her. - Tuesday to Saturday at 21h30; Saturday and Sunday also at 17h00 - Rivoli Theatre is situated on D. João I Square - T. 223 392 200 - Buses 301 and 305

**From June 3 to**

12 - Theatre Festival in Guimarães at Centro Cultural Vila Flor in commemoration of Gil Vicente, the great Portuguese playwright - The Gil Vicente Festival will include many of Gil Vicente's plays - - Av. D. Afonso Henriques, 701 - Ts. 253 424 700 / 253 424 700 / 916 329 543 - www.ccvf.pt



ALGARVE

SBC
FORUM ALGARVE
TEL: 289 887 212
27 MAY-2 JUN

1 Youth in Revolt
Michael Cera, Jean Smart
(13.30 Sat & Sun) 15.35-17.40-19.45-21.50
Cloudy with a Chance of Meatballs
Animation PV
(10.40 Sat & Sun)
Date Night
Steve Carell, Tina Fey
(00.00 Fri & Sat)
2 The Bad Lieutenant
Nicolas Cage, Eva Mendes
(13.15 Sat & Sun) 15.50-18.25-21.00 (23.40 Fri & Sat)
How to Train Your Dragon
Animation PV
(11.00 Sat & Sun)
3 Robin Hood
Russell Crowe, Cate Blanchett
(13.20 Sat & Sun) 16.05-18.55-21.40 (00.25 Fri & Sat)
4 StreetDance
Nichola Burley, Richard Winsor
(10.10-12.30 Sat & Sun) 14.45-17.00-19.15-21.30 (23.50 Fri & Sat)
5 Prince of Persia
Jake Gyllenhaal, Gemma Arterton
(11.10-13.40 Sat & Sun) 16.10-18.45-21.20 (23.55 Fri & Sat)
6 Iron Man 2
Robert Downey Jr, Don Cheadle
(12.35 Sat & Sun) 15.25-18.15-21.10 (00.05 Fri & Sat)
7 A Nightmare on Elm Street
Jacki Earle Haley, Kellan Lutz
(13.10 Sat & Sun) 15.20-17.35-19.50-22.00 (00.20 Fri & Sat)
The Princess and the Frog
Animation PV
(10.20 Sat & Sun)
8 The Bounty Hunter
Gerard Butler, Jennifer Aniston
(14.30-16.55-19.20-21.45 (00.15 Fri & Sat)
Urmel aus dem Eis
Animation PV
(10.30-12.40 Sat & Sun)
9 I Love You Phillip Morris
Jim Carrey, Ewan McGregor
(16.30-21.15 (23.40 Fri & Sat)
Clash of the Titans
Sam Worthington, Liam Neeson
14.10-18.50

CASTELLO LOPES CINEMAS
ALGARVESHOPPING
TEL: 707 220 220
27 MAY-2 JUN

1 A Nightmare on Elm Street
Jacki Earle Haley, Kellan Lutz
(13.25-16.20-18.50-21.45 (00.15 Fri & Sat)

2 StreetDance 3D
Nichola Burley, Richard Winsor
13.00-15.05-17.10-19.15-21.40 (00.00 Fri & Sat)
3 Urmel aus dem Eis
Animation PV
13.20-15.40-18.10
Clash of the Titans
Sam Worthington, Liam Neeson
21.20 (23.40 Fri & Sat)
4 The Bounty Hunter
Gerard Butler, Jennifer Aniston
13.15-16.00-18.30-21.25 (23.55 Fri & Sat)
5 How to Train Your Dragon 3D
Animation PV
12.55-15.00-17.05
Youth in Revolt
Michael Cera, Jean Smart
19.10-21.35 (23.45 Fri & Sat)
6 Robin Hood
Russell Crowe, Cate Blanchett
12.45-15.30-18.25-21.15 (0.05 Fri & Sat)
7 Prince of Persia
Jake Gyllenhaal, Gemma Arterton
13.10-15.50-18.20-21.10 (23.50 Fri & Sat)
8 Prince of Persia
Jake Gyllenhaal, Gemma Arterton
13.30-16.10-18.40-21.30 (0.10 Fri & Sat)
9 Iron Man 2
Robert Downey Jr, Don Cheadle
12.50-15.25-18.00-21.00 (23.30 Fri & Sat)

CASTELLO LOPES CINEMAS
PORTIMÃO
TEL: 707 220 220
27 MAY-2 JUN

1 Robin Hood
Russell Crowe, Cate Blanchett
13.00-15.40-18.30-21.10 (23.55 Fri & Sat)
2 The Bounty Hunter
Gerard Butler, Jennifer Aniston
13.40-16.10-19.00-22.00 (0.20 Fri & Sat)
Dear John
Channing Tatum, Amanda Seyfried
13.50-16.20-19.10
Iron Man 2
Robert Downey Jr, Don Cheadle
21.40 (00.10 Fri & Sat)
4 How to Train Your Dragon
Animation PV
13.10-15.10-17.15-19.20
The Blind Side
Sandra Bullock, Quinton Aaron
21.20 (00.00 Fri & Sat)
5 The Imaginarium of Doctor Parnassus
Heath Ledger, Johnny Depp
13.20-15.50-18.40-21.50 (0.15 Fri & Sat)
6 Prince of Persia
Jake Gyllenhaal, Gemma Arterton
13.30-16.00-18.50-21.30 (00.05 Fri & Sat)



Title: Prince of Persia: The Sands of Time
Genre: Action | Adventure | Fantasy | Romance
Stars: Jake Gyllenhaal, Gemma Arterton, Ben Kingsley, Alfred Molina
Synopsis: Based on the 2003 video game of the same name, the film is an epic action-adventure set in the mystical lands of Persia. A street urchin adopted by a king who became a prince, named Dastan reluctantly joins forces with the mysterious princess Tamina and together, they race against dark forces to safeguard an ancient dagger capable of releasing the Sands of Time - a gift from the gods that can reverse time and allow its possessor to rule the world.
"What appealed to me about the story is the notion that everybody has great potential," says Ben Kingsley. "And this is where I thought it would be a very affirming film, particularly for young people - to realize that whilst you might be a child of the streets, it doesn't mean that your potential is any less than that of a child from the palace. Our film is an examination of the potential of a child coming into adulthood, and the choices he has".



VERTIGO FILMS PRESENTS
TWO WORLDS. ONE DREAM.
STREET DANCE 3D
GEORGE SAMPSON FLAWLESS DIVERSITY

Title: StreetDance 3D
Genre: Dance | Drama
Stars: Charlotte Rampling, Nichola Burley, Richard Winsor, George Sampson
Synopsis: The story of street dancer Carly, who must try and lead her crew to victory at the UK Street Dance Championships. After many set-backs including losing their rehearsal space, salvation comes in the unlikely shape of ballet schoolmistress Helena. Impressed by the skill and enthusiasm of Carly and her troupe, she strikes the street dancers a deal: they can practice in the Ballet Academy's luxurious dance studio in return for collaborating with her ballet dancers. A clash of cultures ensues as the two very different dance styles face off against each other.



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UCI Cinemas
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www.uciportugal.pt

ZON LUSOMUNDO
Zon Lusomundo Cinemas
TEL: 707 24 63 62
www.zonlusomundo.pt

OV = Original Version
PV = Portuguese Version

Film Classification

Prince of Persia - M/12
StreetDance 3D - M/12
A Nightmare on Elm Street - M/16
The Bad Lieutenant - M/12
El Secreto de sus Ojos - M/12
Robin Hood - M/12
The Bounty Hunter - M/12
Iron Man 2 - M/12
I Love You Phillip Morris - M/12
Clash of the Titans - M/12
Date Night - M/12
How to Train Your Dragon - M/6

M/4 - Four years and over
M/6 - Six years and over
M/12 - 12 years and over
M/16 - 16 years and over
M/18 - 18 years and over

FRIDAY 04/06/10

[illegible]

21.00 FILM: Desperado (1995).	06.30 TV1 London
23.10 America's Toughest	06.30 ITV Morning News.
00.00 SuperCasino.	06.30 GMTV.
00.05 House Doctor.	09.25 The Jeremy Kyle Show
00.10 House Doctor.	12.30 ITV News.
04.55 Animal Rescue Squad.	12.30 ITV News.
05.10 Neighbours.	13.30 ITV News and
05.35 Home and Away.	With this:
	14.00 60 Minute Makeover
	15.00 Dickinson's Real Deal

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SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

Easy

Medium

Hard

4	7	9	1					
		3						
3	9	5		4	7	8		
	6	9	8	5	1			
	5	6	4	7	3			
5	7	3		8	6	2		
		7						
9	1		2	4				

				9			8	
6	9					7		
	3			8	7		2	
				5		2		
			4		9			
	5			7				
7			6	4			3	
		6				4	1	
2				3				

4	2			3			7	5
		5	7		4	1		
5	4			8			6	3
3	8			6			9	1
		4	5		6	3		
9	5			1			8	2

CODEWORD

Each number in the grid represents a different letter of the alphabet. Decipher the code to fill in the crossword. Three letters are already in place and the check-box and letters either side will help you keep track of progress.

EXAMPLES	C	O	D	E								
S	C	I	E	N	C	O	L	O	G	Y		
C	O	N	S	E	R	V	E	M	E	N	T	
C	O	L	O	R	E	A	T	A	P	I	O	G
W	A	T	E	R	F	O	M	L	O	A	M	
L	A	R	F	E	M	S						
C	A	P	S	I	Z	E	T	I	G	E	R	
J	W	A	N	R	G							
A	T	L	A	S	R	E	Q	U	I	R	E	
U	N	A	K	N	O	B						
N	A	T	S									
D	E	V	O	L	V	E						
I	T	L	E	S	E	W	I	T	C	H	E	D
C	H	A	T	E	A	U	N					
E	N	D	O	C	T	O	R	E	D			

(Right: Last week's solution)

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

16	15	7	9	23	2	6	23		5	20	11	11	6	21
A	9		14				20		10			10		20
B	16	14	12	12	6	7		26	2	20	12	16	9	1
C	6		16		6		4		14			12		13
D	23	16	9	1	21	7	6		23	19	14	8	20	13
E			6					10		13			26	9
F	23	16	10	6	6			17	15	3	25	10	9	6
G	9				7				8			6		7
H	21	6	4	6	7		15	16	6	21		25	14	24
I	6		9				3		15			15		9
J		16	15	10	18	20	7		16	6	10	16	7	6
K	18		7				15	6			12		7	3
L	2	6	20	21	7	15	1	11		25	9	7	9	20
M	9		18		9			20		23		15		6

WORDSEARCH

Find the hidden words within the square. The word may start anywhere and go in any direction.

E	N	V	P	H	B	A	C	K	L	E	V	O	R	P
V	C	A	D	D	N	F	S	T	H	G	U	O	H	T
R	W	R	A	N	G	E	V	U	Q	Z	C	R	V	U
E	I	X	W	H	O	U	T	A	T	O	M	U	O	Q
S	E	O	U	T	L	A	Y	A	G	Z	P	X	U	D
N	N	H	H	E	P	T	S	N	V	C	R	H	T	N
O	I	N	N	L	C	A	I	E	M	I	C	L	D	E
C	P	C	E	U	Q	K	R	V	U	R	R	N	O	P
A	O	A	D	R	A	U	B	S	A	S	O	P	O	S
K	S	N	A	E	T	Y	E	U	G	C	P	G	R	U
E	O	E	P	C	B	D	R	M	E	H	V	O	P	S
C	W	S	I	E	Y	T	S	L	E	A	G	T	O	
S	C	P	V	O	V	E	R	S	E	E	R	U	W	V
S	M	R	E	T	K	N	F	J	S	Y	I	T	L	J
L	K	O	C	T	O	P	U	S	S	K	S	T	O	P

OCTOPUS, CONDUCT, OPINE, USED, BACK, ATOM, STYE, OVERSEER, SPOT, SWEAR, OUTDOOR, SUSPEND, PLEASE, PICTURE, RANGE, HAUL, OUTLAY, THOUGHTS, PRIVATE, SPEAKING, TERMS, CONSERVE, AGELESS, SECOND, PROVE, STOP

PRIZE CROSSWORD 1063

1		2		3		4		5		6		7
8								9				
10						11						
						12						
						13						
16										17	18	
										19		
20												
22												

Two free entry tickets to the International Algarve Fair will be sent to the sender of the first correct solution to crossword n° 1063 opened next Thursday. Solutions to: The Portugal News Crossword N° 1063, Apt. 13, 8401-901 Lagoa. Be sure to enclose your name, address and phone number.

ACROSS

- Happening (5)
- Detestable (7)
- Condense (7)
- Due (5)
- Raised (4)
- Small stream (8)
- Excursion (4)
- Found in nests (4)
- Innocuous (8)
- Narcotic (4)
- Correct (5)
- Voter (7)
- Shreds (7)
- Inundate (5)

DOWN

- Setting up (13)
- The pick (5)
- Remove (4)
- Famished (6)
- Unmitigated (8)
- Weaknesses (7)
- Thievish (5-8)
- Oust (8)
- Anguish (7)
- Estimate (6)
- Proportion (5)
- Slave (4)

SPOT THE DIFFERENCE

See if you can find 6 differences between the two photos.



Last week's solutions

Across: 3 Armistice; 8 Riot; 9 Contender; 10 Custom; 11 Brief; 14 Purge; 15 Rate; 16 Throb; 18 Coin; 20 Onset; 21 Named; 24 Lethal; 25 Benighted; 26 Moot; 27 Desecrate.
Down: 1 Precipice; 2 Constrain; 4 Room; 5 Inter; 6 Tender; 7 Chew; 9 Cove; 11 Bared; 12 Falsehood; 13 Ventilate; 17 Bored; 19 Native; 22 Ether; 23 Mete; 24 Lent.

Last weeks winner: Alan Pardom, Estói

Last week's solution:



INTERNATIONAL ALGARVE FAIR

WIN

2 entry tickets for the International Algarve Fair in Lagoa on 5th & 6th June

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Your tickets will be entered in the Prize Draw whether you attend the Fair or not.

PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 29 May 2010

PROPERTY OF THE WEEK

Holiday homes from East to West



With a noticeable interest increasing in the Algarve property market once again from clients worldwide, this week **Licensed Real Estate agency Togofor-Homes, Lda (AMI-6902)** are pleased to showcase a varied selection of properties across the Algarve. Based in Lagos and Alvor (and also very soon in Tavira and Monchique), **Togofor-Homes, Lda** operates across the whole Algarve region.

Property 1: (Ref: S609):

This brand new 2nd floor apartment is located in a lovely resort by the front line of the Ria Formosa area in Tavira and enjoys stunning sea views from all terraces. The entrance level of this spacious duplex apartment has 1 bedroom, 1 bathroom, study/2nd bedroom with balcony, open plan kitchen with huge dining area and large terrace with Ocean views. Upstairs there is a huge lounge or another bedroom, guest toilet and big terraces facing the sea and the Ria Formosa. There is only a single line of townhouses built in front which do not interrupt the views. The resort includes a hotel, 2 outdoor pools, indoor pool, health club, gym, tennis court, restaurants and bars. Most of the construction is finished, this apartment just needs the completion of some finishings. The quiet location is still within walking distance of outdoor pool areas. A perfect holiday home and an ideal place to rent out all year with rental packages offered by the resort. **Excellent Price, €285.000!!!**



Property 2: (Ref S1018)

Detached, renovated and extended Portuguese cottage with outstanding south facing views across countryside to the sea, in the historic village of Alcantarilha. Renovated to a high standard with double skinned insulated walls and roof, all outside doors and windows are double glazed and PVC. The entrance level of the property has wooden ceilings in the lounge and master en-suite bedroom, there is a fully fitted kitchen with outside terrace that adjoins the lounge terrace accessible by patio doors. On the lower level there are 2 further bedrooms and a family bathroom with terraces to the fully fenced beautifully kept small garden which offers a mixture of sunny and shaded areas. The large terraces are perfect for enjoying the sea and countryside views. This cottage is situated in Alcantarilha and is minutes away from major shops, golf courses and a short drive to the beach.

Excellent Price, €295.00



Property 4: (Ref: S550)

This detached rustic villa in a wonderful location offers a wide range of options and is bursting with potential. It comprises of the entrance level with 2 en-suite bedrooms, guest WC, lounge/dining (with doors onto the patio), kitchen and 2 store rooms. With a separate entrance the lower level has 4 double bedrooms, 3 bathrooms (2 en-suite) and kitchen, below this level is the pool and terrace. Some bedrooms enjoy distant sea views whilst others overlook the delightful pool and mature gardens. Features include: central heating, solar panels, fitted kitchens, wood beam ceilings and most furniture included. The spacious property is located on a 900m2 hillside plot within 3kms of Monchique and approx. 30 mins drive from the coast. This house could provide an income or equally serve a large family for holidays or as a permanent residence.

Reduced by 25% to €295.000



Property 5: (Ref: S613) :

A tarmac driveway leads to this impressive bungalow with huge rooms and high ceilings as well as a very good sized plot with extraordinary views to the countryside and the coastline. The property is located on an elevated position between Tunes and Paderne with distant sea views and incredible sun sets. The big house in rustic style on one level offers 5 bedrooms, 3 bathrooms, an open plan kitchen, huge lounge of approx. 45m2 with log burner and lots of storage. The bright and sunny house is south west orientated on a huge plot of 2.600m2 with trees, bushes, lots of greens and space for a big pool. The house has under floor heating and radiators in the bedrooms. A very spacious roof terrace with gorgeous views is a real highlight. This property could make an ideal home or holiday home or an investment for rentals.

Excellent Price, €349.000!!!



THE ALGARVE PROPERTY SPECIALISTS

For more information on these and many other properties for sale, please contact **Togofor-Homes, Lda** or visit their website: www.togoforhomes.com, e-mail: info@togofor-homes.com, telephone: 282 432 004 / 282 476 568, or mobile: 917 472 277.

Property 3: (Ref: S878)

Stunning country property with magnificent views over the Costa Vicentina Nature Reserve. Located in a peaceful, un-spoilt area just north of Odeceixe, this beautiful property offers an idyllic lifestyle in a private paradise, set in 6.8 hectares of well maintained, fenced and gated land with excellent access road. The centrally heated house has 3 bedrooms, a spacious open plan living/dining/kitchen with fireplace and high ceilings plus a mezzanine. This property is immaculate, charming and full of character. Large windows overlook the beautiful swimming pool, exquisite "al fresco" dining/entertaining area plus breathtaking countryside views. There are three stables of superb quality plus a tack room and 20x60m sand school. The pretty town of São Teotónio is only 5 mins away with all facilities, a further 15 mins north is Odemira, or south to Odeceixe, 10 mins from the beach and 1.5 hour drive to Faro Airport. An excellent quality property, built and finished to exacting standards with thoughtful attention to detail. **Excellent Price, €450,000.**



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**Tavira**

- Excellent building plot
- Country & sea views
- Ruin, mains electricity
- Barragem water supply
- Good road access
- Ruin 99m² plot 17.500m²

Ref. TR1350
Price: € 260.000**Olhão / Fuzeta**

- Large traditional cottage
- Separate guest apartment
- Total 5 beds, 2 baths
- Sea view from terrace
- Approx. 5km from beach
- Bldgs 400m² Plot 2.200m²

Ref. C480
Price: € 250.000**Santa Bárbara de Nexe**

- Beautiful hillside villa
- Completely renovated
- Panoramic coastal views
- 5 bedrooms 5 bathrooms
- Pool 9,5m x 4,5m terrace
- Villa 232m² Plot 4.210m²

Ref. V1158
Price: € 895.000**Moncarapacho**

- Beautiful spacious villa
- 7 bedrooms 6 bathrooms
- Study with airco & toilet
- Pool 12m x 6m, garage
- Garden & playground
- Villa 460m² plot 5.000m²

Ref. V1190
Price Reduced: € 569.000**São Brás de Alportel**

- Attractive villa
- Country & sea views
- 2 bedrooms 2 bathrooms
- Pool 8m x 4m, barbecue
- Covered terrace, garage
- Plot 1.000m², garden

Ref. V1347
Price: € 325.000

AMI 7433

Do you want to buy or sell a property?

Contact me: Paulo Caqueiro
Telm.: (+351) 962 191 421
pcaqueiro@remax.pt
I speak: Portuguese, English and Norwegian
Remax Smart - Boliqueime

**Olhos d'Água**

Excellent 2 bedroom apartment with fireplace. This apartment is situated in a very quiet area, Quinta do Paiva. Private condominium with a very big swimming pool and beautiful views over the country side
Ref. 122261002-475
Price: € 149.000

**Vale Parra**

Excellent town house with very good areas. Situated in Condominium da Parra, only 1,32 Miles from Galé beach. At the ground floor we have the entrance hall, kitchen, living room and storage room. On the 1st floor, 3 bedrooms 1 en suite, 1 bad & 2 balconies. A sunny backyard w/BBQ & common garden w/large sw. pool.
R.122261002-416 Price: € 245.000

**Albufeira - Quinta da Balaia**

Excellent 3 bedroom Villa situated in Quinta da Balaia - Albufeira. This Villa has a wide garden with a big swimming pool, BBQ & parking place for 2 cars, equipped with Air Conditioning & has a big sunny terrace overlooking the gardens & sea. Very good location, excellent price.
Ref. 122261002-402
Price: € 445.000

**Boliqueime**

Very good investment and business opportunity. Outstanding spacious villa set in beautiful grounds (1.15ha / 11.500m²) w/breathtaking views over the countryside, within 10 mins to some of the most beautiful beaches & golf courses. 11 bedrooms fully equipped. Large living room w/fireplace, 3 large terraces (1 w/BBQ), swimming pool and patio area, tennis court - all within beautifully kept gardens.
Price: € 1.970.000

**S. B. Messines**

Excellent and new warehouse with 180 m². Situated in S.B. Messines and near the accesses to the A2 and IC1. Very good location and very good opportunity for your business.

Ref. 122261002-450



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Boliqueime

Wonderful cosy private 2 bedroom one level villa with private swimming pool remodelled and sold furnished. Great Rental investment or lovely home. A Nice opportunity.

Ref 2439 - Price € 295,000



Vilamoura

Wonderful Modern attached new 3 bedroom spacious villa w/ large terraces, open garden areas & large communal sw. pool. Pre installed alarm, A/c, central heating, central vacuum sys, fully fitted kitchen. Private parking. Nice views, Quiet area, yet very central to Vilamoura.

Ref 130011 - Price € 370,000



Vilamoura

Fabulous apartment located just minutes from the beach & Marina offering stunning views to the sea & Marina at the highest point of Vilamoura. Well cared for apartment converted into a small one bed apartment with everything thought of. Sold fully furnished.

Ref 2907 - Price € 89,000



Boliqueime

Wonderful 3 bedroom semi detached townhouse, with nice spacious areas with 200m2, modern finishings, laundry & storage area, closed box garage, Security door & intercom video system, pre inst. A/c. Condominium with swimming pool. Good access.

Ref 2420 - Price € 240,000

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VILAMOURA

A102719

Lovely two bedroom apartment, located on a very calm residential area in Vilamoura. Few minutes walk to the Marina and the beach. Small complex of just 12 apartments with communal swimming pool. 94 sq.m. of constructed area. Fully fitted kitchen. Storage room. Pantry. Two bathrooms. Underground private parking space. Good investment, great rental potential.

Price: € 190,000



ALBUFEIRA

MG102642

Semi detached two bedroom villa located in the historical centre of Albufeira. Prime location on top of the cliff directly facing the sea. 5 minutes walk to the beach and to the centre of town. Living and dining room with fireplace. Two bathrooms. Little patio at the entrance of the villa. Magnificent panoramic sea views. Great letting potential. Unique opportunity.

Price: € 325,000



PICOTA

TC102729

Plot of land w/ 4.690 sq.m. excellently located on very quiet & peaceful area. 15 mins drive from Vilamoura. Excellent access on tarmac road. Project approved to build a 4 bedroom detached villa w/ basement & sw. pool. Villa w/ approx. 732 sq.m. constr. area. Stunning panoramic sea & country views. Investment opportunity.

Price: € 400,000



VILAMOURA

A71929

Total exclusivity! Magnificent & exclusive 2-bedroom apartment on Monte Laguna, a luxurious development in new areas of Vilamoura. Completely surrounded by Golf, it's just mins away from Millennium, Laguna & Victoria Golf Course's Club Houses. Modern up market finishes, pool, parking, & storeroom. Simply breathtaking views, golf & sea views forever, all round & unbreakable. Must be seen to be truly appreciated.

Price: € 390,000

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Ref 1009 V. R. S. A.

€ 120,000

Apartment in closed condominium in the centre of the town of Vila Real de Santo António (border town to Spain). 2 bedrooms, 2 bathrooms, living room, fully equipped kitchen. Very close to all restaurants, cafes, the marina and all services. High quality finishes, bedroom floors in wood. Great opportunity as very reasonable price.



Ref 1003 Manta Rota

€ 135,000

Furnished first floor apartment in a complex on the gorgeous beach of Manta Rota. It has a double bedroom, a bathroom, lounge and fitted kitchen. The veranda has a spectacular ocean view, south west facing to really make the most of the sunshine. Has space in garage. Use of large pool for extra cost.



Ref 1013 Cacela

€ 137,500

Fully furnished, 2 bedroom apartment w/ amazing private patio areas approx 100m2, perfect for sunbathing & entertaining. Centrally located in Cacela town, yet on a quiet street. Fully A/c. If you don't want to have to use a car this is the perfect place to live and the beach of Manta Rota is 2 minutes by car and 20 mins on foot.



Ref 1007 Manta Rota

€ 150,000

Ground floor apartment composed of lounge open plan to kitchen, veranda from lounge, double bedroom, private parking space for 2 cars & patio w/ BBQ. In the basement are 2 bedrooms & a living area. Close to all facilities & only 10 mins walking distance to the beach of Manta Rota which has the Blue Flag award.



Ref 1010 Manta Rota

€ 175,000

A fully furnished semi detached house only 3 mins walking to Lota beach, Manta Rota. Generous driveway w/ a pergola. Mature planting & hedges, a BBQ area, potential to put a small private pool as the neighbouring property has done. Inside you have lounge, kitchen, 2 beds, 2 baths & roof terrace. Brilliant rental investment or holiday home.

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Vilamoura

Two bedroom apartment, composed of two bathrooms, lounge with dining area, equipped kitchen and terrace. Furnished. Parking in the basement. Communal swimming pool and garden area. Construction area of approximately 100 square metres.

Ref: A1229 Price: € 199.950,00



Quarteira

One bedroom apartment transformed into T2 composed of one bathroom, kitchenette, lounge with dining area, 2 terraces. Furnished and equipped. Sea view. Located near the beach. Construction area of 66 sq.m.

Ref: A1339 Price: € 95.000,00



Vilamoura

Two bedroom apartment, composed of two bathrooms, lounge with dining area, kitchen, storage and terrace. Furnished and equipped. Communal swimming pool and garden area. Construction area of 90 sq.m. Located near the centre.

Ref: A1380 Price: € 190.000,00



Santa Bárbara de Nexe

Country villa composed of three bedrooms, two bathrooms, lounge with dining area, kitchen, storage and various terraces. Swimming pool and garden. Plot area of 1.000 square metres. Quiet area.

Ref: V12616 Price: € 300.000,00

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What's your poison?



Datura (*Brugmansia suaveolens*), otherwise known as Angel's trumpet.

As the weather warms up and children venture out to play in the garden, it may be worth checking the potency of certain quite common plants which can leave tummy upsets, rashes or other allergic reactions.

The Duchess of Northumberland, is well versed in identifying poisonous plants, having created the famous Poison Garden, which is among the attractions at

Alnwick Garden and Alnwick Castle, a popular tourist destination in the north of England.

"If you are a gardener you will almost certainly have half a dozen plants which are in the Poison Garden," she says.

Many of us have laurel in our gardens - it belongs to the family that includes apple, cherry, plum and almond.

"When people chop down their laurel hedges the sap gives off an unbelievably soporific ef-

fect and they find themselves falling asleep," the Duchess explains. "You only have to smell the sap to be affected by it."

Aquilegia, and hellebores are common plants you might find in your garden or in a hedgerow, and all have different levels of toxicity. The amount you would have to ingest to do real damage varies from plant to plant, says the Duchess.

The Poison Garden, which is licensed to grow cannabis and

strychnine to help educate children to the dangers of drugs, also houses common plants you'd find in any garden centre.

Avoid Euphorbia as if you are scratched by its leaves its sap causes your skin to become photo-sensitive and allergic to sunlight. Symptoms include a rash and itching with symptoms recurring when the sun comes out - and there's no cure for it.

Many bulbs including tulips are also poisonous, but it is the bulb part rather than the flowers that are toxic. Medieval maids often set the bulbs about to poison mice and other vermin.

Deadly nightshade is well known for being poisonous and children have died from eating just three of the sweet-tasting glossy black berries. Yet the roots are the deadliest.

A lot of people, especially in Portugal, grow datura (*Brugmansia suaveolens*), otherwise known as Angel's trumpet, yet all parts of this plant are poisonous if ingested.

"When I was in Argentina a while ago they were growing wild on the roadside and I said to the guide, 'Do you know how poisonous these plants are?' He said, 'We use it to send babies to sleep, by putting a flower on their pillow!'" the Duchess recalled.

If you think your child has eaten a poisonous plant or suffered an allergic reaction to it, seek medical attention from the accident and emergency at your local hospital, taking a plant sample with you.

Hannah Stephenson

Chelsea cool

- a report from this year's show

Exhibitors at this year's prestigious RHS Chelsea Flower Show were keeping their cool in the high temperatures using combinations of cool blues and whites shaded by great canopies of green in many of the show gardens.

Anyone following trends from this year's show will be planting purple irises, white astrantias and peonies, soft pink foxgloves, salvia, nepeta and other and other soothing, complementary coloured plants in natural settings.

While last year's trends veered towards more geometric, defined lines and crisp edges, this year things have relaxed a bit, creating overtones of the countryside using ornamental grasses and cool-coloured perennials to provide tone and movement.

At the opposite end of the spectrum were some amazing tropical designs featuring banana palms and strelitzias, exotic palms and even birdsong - not the most realistic selection of plants for the domestic gardener to manage. Gardens with zingy, clashing colours were also scarce - the hot, fiery look was not in this year. Calming green, glaucous blues and cool colours set the tone.

Andrew Duff, director of garden design at the Inchbald School of Design in the UK, says: "People are looking for peaceful settings and we can see it at Chelsea this year, with cool and subtle plantings."

While in previous years designers have placed box balls as focal points amid other plantings, it looks like if you want shaped box in your garden, the way to go will be to separate it from your flower borders. Much of the box at this year's show formed a feature on its own, separate from the main plantings.

Natural-looking plantings are still very much in vogue. There's little that seems forced in designs, but accents have been made using huge curved granite pots or other dynamic sculptures.

The gardens came into their own in the searing heat, providing a shady oasis and soft, wispy plantings to create an air of calm.

There's a possibility we may be longing for a return to the quintessentially English garden if the M&G Garden, designed by Roger Platts, was anything to go by. Teeming with traditional plants included roses, lavender, foxgloves, myrtle and artemisia, most of which were British grown, it proved an inspiring reflection of gardening today.

"It's a long time since we've had something as traditional as this at Chelsea," says Duff, "and it's a refreshing change. More people are beginning to move to the country - maybe this type of tranquil space is what they're looking for and what they probably remember from their childhood."



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Deadly nightshade

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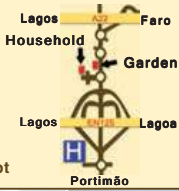
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New Audi R8 Spyder

With an interior that is first class for the quality of construction and the clarity of design, and the accuracy and response of the steering and gearbox that build immense confidence in the driver, the Audi R8 Spyder has the motive power of a true supercar.

If Audi was an old school friend, it would be one that you catch up with on Facebook after 20 years only to find that they've done annoyingly well for themselves. Slick, successful, desirable and as a result impossible to hate, even though you want to, the truth is that the German firm knows how to push the buttons of potential car buyers.

But its greatest trick is doing that for someone spending €20,000 just as well as for someone spending nearly ten times that amount. The R8 broke the rule that supercars have to be made by tiny, specialised manufacturers to be taken seriously. And then they went and made it even better by adding a spunkier ten cylinder engine.

And now there's even more. Say hello to the R8 Spyder, which adds fresh air fun to the V10's thrills. Turning the R8 Coupe into the Spyder hasn't sacrificed its good looks either. Arguably better looking than the

missions too, with a six-speed manual or six-speed automated manual dubbed R-tronic. Either way, the Spyder has the motive power of a true supercar and the performance figures to back it up: roof up or down, it will hit a hair-straining 313kph and blast from 0-100kph in only 4.1 seconds.

Don't mistake this docility for dullness though. You can cover hundreds of miles in a single, easy-going stint, and then a slam-dunk of the accelerator will punch you down the road in an instant. Civility takes a back seat to thrills as the V10 engine struts its stuff, bellowing a delicious wail as it tears around to a spectacular 8,700rpm. Flip the right paddle, the R-tronic transmission seamlessly slots in the next gear and the physical assault happens all over again. Punch the Sport button and the Spyder responds even more urgently, sharpening the actions of the gearbox and steering.

This is an Audi of course, and



the wheel.

You get plenty more of the standard Audi brand values too. The interior is first class for the quality of construction and the clarity of the design, while the specification isn't lacking either - the standard Bang & Olufsen audio system will keep you

amused should you ever tire of the V10's music, while features like sat-nav, Nappa leather and heated seats boost the luxury feel. It even has microphones mounted in the seat belts to allow you to chat on your Bluetooth-connected phone even with the roof down. They really have

thought of everything.

So what of the big question then: how much? Well you might want to be sitting down for this, as the six-speed manual version is €217,670. But that gets you a largely hand-built, aluminium and carbonfibre supercar that's stunning to look at, a sensational drive and also easier to live with than some far more humble ma-

chinery. The bad news is that the R8 Spyder will be rarer than hen's teeth, as the allocation for 2010 is already sold out. This just goes to show that whatever the cost, quality never goes out of fashion.

Prices for the Audi R8 Spyder begin at €213,530 and end at €217,670 in Portugal.

Source: PA/TPN



original, the Spyder does without the prominent side blades and instead flows neatly into the curvaceous rear. It's hard not to be a little flash in a low-slung two seater with this much presence, but the Spyder avoids being over the top. You're more likely to meet respect and enthusiasm than outright jealousy - it's a thing of genuine beauty after all.

Unlike the Coupe, the Spyder comes only in full-blooded V10 form. The 5.2-litre unit is similar to that found in the Lamborghini Gallardo and produces a spectacular 518bhp and 530Nm of torque. There's a choice of trans-

such monstrous power can only be distributed through the legendary Quattro four-wheel drive system. That means superb traction whatever the weather, allowing the Spyder to use more of its performance more of the time. The power is also distributed with a heavy bias towards the rear, giving it a feel closer to that of a classic rear-drive car but with much greater reassurance. Its surefootedness and the accuracy and response of the steering builds immense confidence in the driver, whatever their level of skill: like all the best cars, the Spyder flatters the person behind



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Dive into island life



Windsurfers on the beach at Vilu Reef Beach and Spa Resort, Maldives.

There is no force greater than Mother Nature and the reason why the future of the Maldives natural beauty is less than certain. The threat of global warming hangs over the sun-soaked paradise like a black cloud.

The islands, which resemble precious gems as you look down from your plane seat after a 10 and a half hour direct flight, are at risk from rising sea levels - an escalation of just three feet and many of the 1,190 low-lying coral islands may be lost.

Surprisingly, the Maldives only tapped into tourism industry in the 1970s. Now the message is get there, before it's too late.

"One way or another, go to the Maldives before it vanishes,"

says Zuley Manik of Sun Hotels & Resorts, which operates three island-escapes there.

That's why visiting only one Maldivian destination can feel a wasted opportunity. With so many tropical islands in close proximity, resort-hopping is hard to resist.

You're only ever a hop, skip and speedboat transfer away from a neighbouring resort.

Some islands are barely specks on the Indian Ocean landscape, but 200 are villages inhabited by locals and almost 90 have

been transformed into luxury resorts, with more than 30 in the making.

Despite that, first-time visitors landing in the capital of Male get a shock. No white sandy beaches or sparkling coral reefs but a city-slicker urban landscape of tower blocks complete with smog resembling a mini Dubai.

Then a tiny seaplane with a handful of seats whisked us to paradise - think private jet without Simon Cowell comforts.

Sprawled across the entire expanse of Meedhuffushi Island, our first stop is Vilu Reef, located 128km from Male.

Not even hovering over crystal waters in every shade of blue imaginable quite prepares you for the spectacle of setting foot on the unspoiled islands, even in the dusk of sunset.

Our welcome party, beating drums and brandishing cold towels and floral garland necklaces, was an indicator of the hospitality we were to enjoy throughout our stay.

Packed with trees and vegetation and designed to reflect local tradition and architecture with thatched roofs and sand floors, the 12-year-old resort has a rustic feel and familiar charm.

It's the kind of place where the staff not only remember your name at breakfast, but recall how you like your eggs served.



A dhow and water bungalows at Olhuveli Beach and Spa Resort.

Next stop, and a favourite with the group, was the village of Bandidhoo. We were greeted with friendly smiles and refreshing coconut juice drinks in return for talk of Chelsea and Manchester United.

A young boy walked past looking pleased with himself - carrying 10 small fishes after balancing on a float with a basic rod. We were told his stash would feed his family.

No catch of the day is required for Vilu Reef holiday-makers. Our island-hop ends with a sumptuous BBQ feast of gigantic king prawns and local fish at a remote spot dubbed Faandhoo picnic island. We walk a lap of the tiny isle in 15 minutes flat.

Vilu Reef also sets up Robinson Crusoe-style desert island experiences here with overnight stays (from 137 dollars per person) for couples or groups who have only hermit crabs for company.

Conditions for snorkelling in the Maldives are ideal with crystal clear calm waters and scores of unusual sealife to ogle, from small white-tipped sharks and eagle rays through to colourful parrot fish and black and white fish I called the Chanel species, for their distinctive monochrome markings.

Another seaplane transfer took us to Olhuveli Beach & Spa Resort, on the tip of South Male Atoll. After intimate Vilu Reef, it felt grander, slicker and slightly less personal, attracting younger couples and families.

It is so close to perfection, I spotted two members of staff raking the beach!

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The contemporary 133-room resort - complete with two infinity edge swimming pools - feels bigger than Vilu Reef with golf buggies permanently on hand to transport you. A leisurely pedalo took us around the circumference of the island in 45 minutes.

With the ocean and network of islands on tap, those who while away hours on sun loungers can forget it. Excursions in the Maldives are once-in-a-lifetime experiences.

From the sporty kite boarding, windsurfing and scuba diving, through to leisurely catamarans with skipper and sunset fishing, and belly-satisfying fishermen feast buffet on the beach or lobster BBQ, your itinerary is as calm or adventurous as you please.

At Olhuveli, I experienced my wow moment.

While my group set sail in a fishing boat for a 'catch it & cook it' excursion (75 dollars per person) to learn the art of casting and gutting a fish, I sought out the dolphins on a sunset cruise (45 dollars per person).

As we travelled to the outer channel reef where the sea can get choppy, excursion chief, Saif, warned: "We say there's a 50/50

chance of seeing them - it's more like 90% but we don't like to get hopes up!"

I seemed to be in the unlucky 10% after an hour and 45 minutes of near silence.

Then, like a mirage, as the sun hit the horizon, shoals of around 100 dolphins began flipping through the air - pirouetting and swimming within touching distance of the boat as the crew whistled and clapped their performance.

There was more bedlam on board for an unexpected finale: Enormous but graceful whales, usually only spotted once a month by the crew.

After that fin-tastic sunset cruise, I decided my good book would wait until the flight home.

Key facts

Best for: Water babies and sun seekers.

When to go: November-April. June and July, though unpredictable, are best for surfing and water sports.

Don't miss: Island hopping (half or full day options available).

Need to know: Ladies should stick to modest clothing and cover shoulders when visiting local islands.

Don't forget: Seasickness pills



An aerial view of Olhuveli Beach and Spa Resort, Maldives.

for dolphin cruise.

Travel facts

Lisa Haynes was a guest of Tropical Sky (0044 (0)870 907 9600 and at their website: www.tropicalsky.co.uk) offers

eight nights' half-board at Vilu Reef Beach & Spa Resort and Olhuveli Beach & Spa Resort in the Maldives, from £1,699/€1,955 (two sharing). Connecting flights from Manchester/

Glasgow are around £100/€115. Package incl return Oman Air flights ex-Heathrow (via Muscat) with Oman Air, Garden Villa accommodation, seaplane transfers and surcharges.

For information on Vilu Reef Beach & Spa Resort visit www.vilureef.com, or Olhuveli Beach & Spa Resort, visit www.olhuveli.com

Lisa Haynes



The Sun Spa at Vilu Reef Beach and Spa Resort, Maldives.



A bath, with a view, in the honeymoon villa at the Olhuveli Beach and Spa Resort.

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Have a healthy, happy festival



If there's one thing worse than bad weather at a summer music festival, it has to be bad health.

So if you're one of the millions of people who are heading to one - or more - of the UK's hundreds of festivals this year, pack your first aid kit as well as your waterproofs.

Being prepared won't guarantee that you'll stay well as the music blasts out around you, but it could make a big difference to how much you enjoy your festival experience.

The obvious side-effects of over-indulging in alcohol and drugs may leave festival-goers feeling less than their best - although the medical teams who look after revellers at festivals

Festivals can be fun, but they're not necessarily good for your health. Lisa Salmon looks at how to maintain good health during festival season, and at what health problems being in close contact with so many others, mad dancing and sleeping under the stars might cause.

say drink and drugs are no more of a problem at the events than they are on any city centre weekend night.

Neil Broadhurst, operations director for Events Medical Services (EMS), which provides medical cover for festivals including Leeds, Download, Latitude and Big Chill, says: "You do get a few people who've gone particularly mad with their drugs, but nothing that you wouldn't see normally in a town centre."

"It's only a small proportion of people."

"You also get people who just drink all the time and don't seem to eat anything, but you don't get many of them either."

"You don't even find too much

aggression or injuries caused by it. There's nothing out of the ordinary - I think people are a bit more chilled at festivals."

Nevertheless, festival-goers are advised by FRANK, the Government's anti-drugs campaign, not to mix alcohol and drugs, stay near friends, and tell them if you do take something.

Rather than drink or drugs problems though, health complaints at festivals tend to range from accidental bumps and scrapes often caused by over-exuberance, to the more avoidable sunburn and dehydration.

"We get a wide range of all sorts - people get cuts, there's fainting because of dehydration, and vomiting and diar-

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rhoea because people don't wash their hands properly," says Broadhurst.

"Some of it's just because they don't look after themselves and they expect us to work miracles for them."

"But we're all in the middle of a field, and there are some things they should have thought of before they got there."

By that, he means appropriate clothing, sunscreen, water and perhaps over-the-counter medication like painkillers, although these can often be bought at the festivals.

EMS provides services from doctors, nurses, paramedics and first aiders at on-site medical centres at festivals.

Broadhurst estimates that at a festival like Leeds, for example, the medical teams will treat about 2,500 people out of the 80,000 that attend over three days.

Of all those treated, only 19 went to hospital last year, with problems ranging from broken bones, to complications from diabetes.

"What can happen is that they've got something wrong with them already and they come to the festival, but that's not the right place for them and they go downhill. They tend to be the ones that might end up in hospital."

EMS runs "proper little A&E departments" on festival sites that are very busy on festival weekends, but only have a waiting time of about 20 minutes, according to Broadhurst.

As well as bumps, scrapes and dehydration, other common festival ailments are twisted ankles "because people don't look where they're going - they're gazing around looking at other things, like the bands".

Broadhurst says there are often very bad cases of sunburn, recalling that there were some severe examples at last year's Download rock festival at Donington Park.

"Quite often, even if it's sunny, they'll go to the arena at the start of the day without putting sunscreen on, and they're out all day without thinking about it, until it starts to hurt much later."

Warm weather can also cause problems with insect bites for festival-goers, and such bites have been a particular nuisance at the Latitude festival in Suffolk, which is held by a lake.

At the other end of the spectrum, wet weather can lead to cases of trench foot, which can occur when feet are wet for a long time, causing tingling, swelling and pain.

Broadhurst warns festival-goers to be prepared for the vagaries of the British weather, with sensible clothing, sunscreen and water, emphasising: "It's all common-sense things, but when people go to a festival they sometimes seem to throw common-sense out of the window."

"If there's a particularly popular band it can get the crowd going a lot, and after they finish we get calls from all over the place because people can get hurt but don't come to us till after the band's finished."

The UK's biggest festival, Glastonbury (June 23-27), attracts 177,000 people, including those attending, working or performing.

There are around 400 medical staff to help look after the hordes of revellers, and the health advice from the organisers is simply "be sensible".

Glastonbury Festival spokesman Crispin Aubrey says: "We advise people to be sensible about everything from drugs to sunburn - exposure both to the heat and to the wet and cold, in fact."

"I do think people think about their health, and generally come well-prepared with the right clothing and things like sunscreen."

"If you're out watching a band for a few hours, you're going to be pretty exposed to the sun, although it hasn't been like that for the last few years."

Aubrey says injuries like sprained ankles, often caused by inappropriate footwear, feature fairly regularly in Glastonbury's medical tents.

"People are coming to have a good time and they'll often wear quite flimsy footwear and just miss their footing," he explains.

"If they wore something like walking boots their feet at least

would be much better protected."

Everyone who attends Glastonbury gets a leaflet called The Fine Guide, which contains basic medical advice, and festival-goers are warned about not standing near loudspeakers for too long to avoid hearing damage, being careful with camping gas canisters to avoid burns, not putting themselves at unnecessary risk by body-surfing, drinking plenty of water, and not taking drugs.

"Some people will suffer a

bit from drinking too much, but it's not a big issue," says Aubrey.

"Obviously we don't encourage people to break the law, and we tend to say that if people do bring drugs, they understand what they're taking and they take them in moderation."

"I think compared with the Nineties, when the festival was less regulated than it is now and a lot of drug dealers came from London, it became quite a big problem and they used to hassle people."

"That doesn't happen any more, so any decisions of that nature now are more of personal choice."



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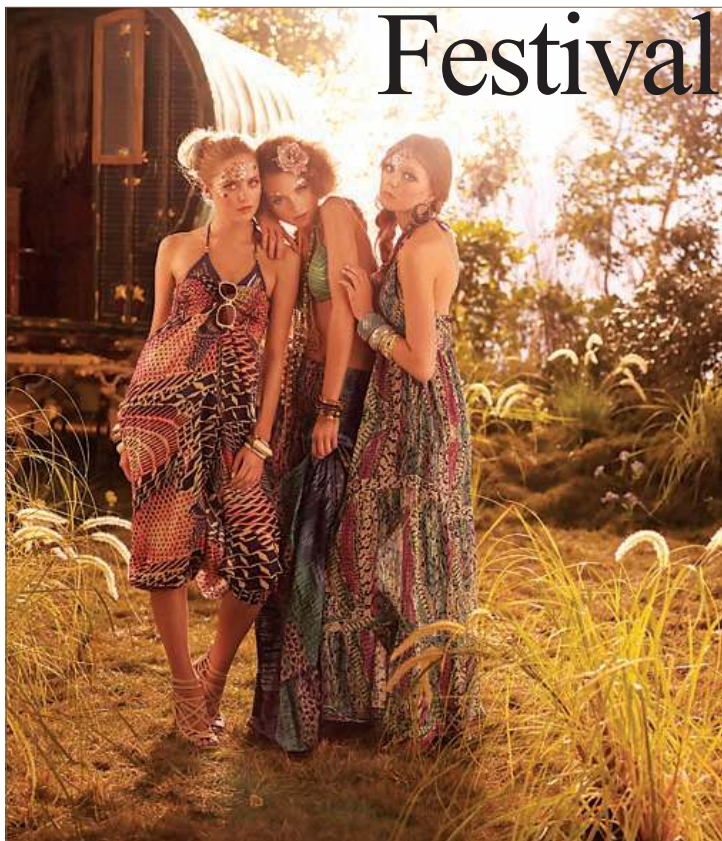
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Festival fever



Forget the live bands, it's fashion that's hitting all the right notes at festivals this summer.

Don't even think about setting off for the fields of music armed with a frumpy cagoule and Famer Giles Wellingtons.

Make like celebrity regulars on the festival circuit and treat the mud like a catwalk stomping ground.

Kate Moss is rumoured to be planning a supermodel takeover of Glastonbury's backstage area, Pixie Lott has put down her microphone to design her Festival collection for Lipsy, and Lily Allen's swapping the stage for style to launch her clothing label at the new Vintage at Goodwood festival in August.

Even humdrum wellies have had a makeover with eye-popping prints, glam studs and wedge heels for festival goers who suffer from heel withdrawals.

Let festival fashion be music to your ears. Whether you're a Metallica maiden or Girls Aloud groupie, there's a look for you to rock this summer.

Rock chick

Festival ticket: Reading Festival (www.readingfestival.com)

If head banging to drum solos and guitar riffs is your Stairway To Heaven, give your look some grungy attitude.

Vintage wash rock tees will show where your band loyalties lie. Team with a leather biker jacket, mud-friendly black and lashings of heavy metal hardware like studded wellies and chunky chain necklaces.

Vintage vixen

Festival ticket: Vintage at Goodwood (www.vintageatgoodwood.com)

When classic tunes from decades past get you dancing, delve into style history with vintage-inspired fashion.

Go for bohemian glamour with lace or embellished vintage statement pieces to jazz up denim or channel a retro Fifties vibe with ditsy print blouses and cute capri pants.

Lisa Haynes hits the right style notes with a UK festival fashion guide, so pack your bags with the right gear.

Pop princess

Festival ticket: V Festival (www.vfestival.com)

Those with iPod playlists blasting out pop hits should keep their festival ensembles just as upbeat.

Get a chart-topping look with cutesy prints, rainbow bright shades and kitsch accessories. Make your outfit a standout hit with girly detailing like quirky headbands, bows and corsages.

Folk fanatic

Festival ticket: Green Man (www.greenman.net)

Peace out and get your groove on to chilled-out folk with relaxed silhouettes like maxi dresses and floaty tunic tops.

Work a full-on hippy vibe with fringed scarves, headbands and arms laden with bangles that jangle as you jam to mellow tunes.

Festival fashion rules

Expressing your music and fashion tastes is all part of the festival fun but don't overlook practicality - or underestimate the elements. No amount of styling will

save you from drowned rat syndrome. Follow our style survival guide...

- Think layers. Opt for lightweight clothing you can peel off if the sun's blazing or easily pull on when temperatures drop.

- Long sleeve shirts, tops and parkas are a good option so you can tie around your waist to keep your hands free for waving to your favourite band member.

- Take a compact umbrella and pick a bright print or colour. Even if it's rain redundant, an open distinctive brolly can help walkabout friends and family find you in a packed crowd.

- To welly or not to welly? Whatever your choice of footwear make sure you're not wearing them for the first time. All those hours of jiggling, jumping and crowd jostling will be excruciating with blisters.

- Keep your possessions safe with a cross-body bag that has a strap long enough to be worn across your chest and resting on your hip. Choose one with secure zips to keep money, keys and cards safe when you're getting carried away to your favourite tunes.



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Festival beauty boot camp

Lisa Haynes helps equip yourself with the festival bare essentials to stay beautiful.

Festival season is upon us but muddy ground is no excuse for giving up on glamour.

Yes, you may have to fling your usual beauty regime out of the tent window, but you can still combine mosh pits and pampering.

Cram your backpack with festival antidotes so you're looking more headline act than stage-hand.

A field full of mud, porta-loos and burger vans may not seem like the obvious setting for vanity but every year festival goers just keep turning up the beauty volume with camp survival chic.

Stay festival fabulous, rain or shine, with our SOS guide.

Fresh-faced beauty

Backstage VIPs may have access to makeover stations and tanning booths, but for those of us who don't have paparazzi stalkers, the prospect of back-to-basics beauty beckons.

Multi-use products are your secret weapon for instant

makeovers with minimal fuss so you can spend more time soaking up the atmosphere.

Bag Benefit's Rush Hour, (www.benefitcosmetics.co.uk), a 2-in-1 stick to add colour to your lips and cheeks in seconds.

Rain, sweat or groupie tears, you'll need a waterproof mascara to withstand festival elements.

If the forecast's more like scorching sunshine, avoid the burnt Rudolph nose and carry SPF50 Sun cream.

Put tedious cleanse, tone and moisturise routines on hold and wipe away the day's grime in a jiffy with Deep Clean Make-Up Remover Wipes.

Shower supplements

Be prepared to swap your soak in the tub for a good old mud bath. Hardcore Glastonbury goers can go up to five days without so much as a sniff of a warm shower.

If the lack of lathering-up facilities sends you into a panic, freshen up with pack of Wipes.



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Follow up with Triple Dry's anti-perspirant roll-on, said to keep you sweat-free for 72 hours so you can wave your arms to your favourite band minus whiffy pongs.

When all else fails, fake a freshly washed laundry aroma with Clean Summer Linen Eau Fraiche.

Tamed tresses

Without the luxury of blow-dries, conditioning treatments and straightening irons, your festival tresses may need to take on a whole new lease of life.

Give your locks extra longevity

and guard against grease with Batiste's Boho Dry Shampoo in a handy mini spray (Boo/Superdrug).

Even if your head doesn't even up hitting the camp bed pillow for long, bed-head hair a la Kate Moss is one way to rock a fashionably dishevelled look. For perfectly tousled hair in a flash try All Nighter Styling Powder (www.victoriahealth.com).

When hair goes truly haywire, plaits are the way forward, as seen on the catwalk at Alexander Wang.

Tame hair into submission

with Mini Metallic Hair Brush, and wear loosely over one shoulder secured with Hair Bands, in black, blonde or brunette to match your hair colour.

Festival spirit sparkle

Festival-goers are generally split into two beauty camps...

Those that just want to stay smelling sweet and those born to stand out from the crowd.

If you're in the latter, you're happy to sparkle your way through the mud. Go for a full-on glam rock look with Heavy Metal

Glitter Eyeliners.

Reach for the stars and embellish your face with glitz. You can carefully use eyelash glue to secure StarGazer's Glitter Stars into the perfect facial formation (www.stargazerproducts.com).

Turn your tresses into a talking point with a shocking statement colour using temporary ColourFX Spray.

For a pop of lip colour, designer divas shouldn't be without Lip Gloss, which you can clip to your festival handbag for post smooching touch-ups during the slow numbers.

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Let Basu spice up your life

Forget cupcakes and organic food, the hippest thing in the kitchen right now is a gorgeous young woman telling you how it's done.

From the delicious Miss Dahl to Rachel Allen and Anjum Anand, high-profile female cooks are starting to make a bid for the No 1 culinary celebrity spot.

Now, fresh from the blogosphere, is Mallika Basu, a self-professed Indian Princess, who is setting out to prove that you can cook Indian food and still have time for a life.

Her new book, *Miss Masala*, stems from her successful blog -

www.quickindiancooking.com.

Described by fans as 'Bollywood meets Sex And The City', Basu is quick to squash flip-pant analogies.

"What does Bollywood even mean? It's a Western stereotype," she says, frankly.

Basu explains that her aim is simply to promote home-cooked Indian food.

After moving to London from Kolkata, India, when she was just 18, Basu missed the food she was used to eating at home and so she taught herself to cook.

She started her blog in 2006. Claiming only to cook old fam-

ily recipes, Basu says you'll never catch her in an Indian restaurant: "I just don't see the point."

According to Basu, restaurant curry isn't real curry - which is one of the reasons that she decided to start her own, mini, food revolution.

"Since the 1970s and Madhur Jaffrey, no one has really captured the imagination of people with Indian cooking," she says.

"Obviously life and times have changed - I'm no Madhur Jaffrey - I'm just the girl next door who works and goes about life pretty normally. But if I can cook Indian food, and do it while having a fairly busy life, then there's no reason why other people can't be inspired to do the same."

And inspire she has. Her site currently has 20,000 unique users.

"Lots of readers said, 'You should write a book, because it would be so much easier to have all your recipes in a book rather than having to keep going back to your website to find things'."

She wrote a draft first chapter while on holiday and sent it over to a friend who worked in publishing.

"Then I went for an afternoon siesta and by the time I woke up two hours later she had already sent it to all her friends in the pub-

lishing world," Basu says, sounding genuinely over-awed. "And within two hours of that I'd got myself a literary agent."

"I was really lucky," she adds, repeatedly.

Basu, who trained as a journalist, put a lot of work into promoting her website.

"Writing a blog is not for the faint-hearted. There is a lot of hard work involved. You've got to drive people to your site because it's no good writing if no one's ever going to read it. And obviously if there are bloggers coming to my blog then I go to theirs too."

You might say that Basu is a poster child for the "having it all" generation of modern women. As well as blogging and writing her book, she has a one-year-old daughter.

"Miss' Masala isn't strictly true because I'm married," she laughs.

"But if Jamie Oliver can be called the Naked Chef when he wears clothes most of the time, then I'm sure it's OK."

She is also associate director of a PR company.

"It's incredibly hectic. I don't watch a lot of television and I have to organise my time quite carefully."

Luckily Basu isn't perfect - explaining that she's far from calm

and composed when in the kitchen.

"Oh my gosh!" she squeals, "There are disasters everyday. My husband always jokes that I'm more worried about my nails when I'm chopping than anything else."

Despite the current plethora of

glamour-chefs on our TV screens and in the bookshops, Basu believes there is definitely a place for Miss Masala:

"I think people are incredibly interested in new and different personalities - you've just got to look at the success of blogs like mine to know that."

Jardaloo sali boti (Tender lamb shank curry with apricots)

(Serves 4)

Whole spices
8 black peppercorns
5cm (2in) cinnamon stick
8 green cardamoms
4cm (1½in) root ginger
4 fat garlic cloves
2 medium onions
2 medium tomatoes
4 tbsp oil
½ tsp cumin powder
1 tsp coriander powder
½ tsp chilli powder
4 lamb shanks (about 750g)
2 large potatoes
1 tsp granulated sugar
3 drops of Worcestershire sauce
20 dried apricots
Salt

1. Preheat the oven to 200C (400F), gas mark 6.

2. Place the whole spices on a baking sheet and dry-roast for 30 seconds until the cardamoms turn pale brown. Remove from the oven, leaving it on to bake the lamb later.

3. Peel the ginger and garlic, then purée in a hand blender with the roasted spices and a tablespoon of water. Peel the onions and roughly chop these and the tomatoes.

4. Pour 3 tablespoons of the oil into a large pan set over a high heat. The pan should be large enough to hold the lamb shanks in a single layer. When the oil is hot, add the onions and fry for about 10 minutes until they turn a pale caramel colour. Then add the spice paste and stir for another 5 minutes until the onions soften further.

5. Now add the spice powders, the lamb shanks and the tomatoes, and stir like mad for 10 minutes. Add salt to taste; cover the shanks in hot water,

place a lid on the pan and leave to cook on a medium heat for 1 hour. Stir from time to time to make sure the ingredients don't get stuck to the bottom of the pan.

6. In the meantime, peel and slice the potatoes into slim straws, place on a baking sheet and coat with the remaining tablespoon of oil. Sprinkle with salt and bake for about 25 minutes, flipping them over midway. Remove from the oven as soon as they are done, to prevent them from going soggy. You could use ready-made oven chips instead, but I think it's far more satisfying to make your own.

7. When the lamb falls away from the bone when probed with a fork, sprinkle over the sugar, the Worcestershire sauce and the apricots. The curry should be rich and thick, so do add a bit of water if it is too dry, or whack up the heat and stir furiously for 5 minutes if it's too runny.

8. To serve, spoon a lamb shank on to a plate with a serving of chips and brown rice.



Hariyali tikkis (Baked spinach, pea and ginger croquettes)

1kg (2lb 3oz) frozen spinach
1kg (2lb 3oz) frozen peas
7 large potatoes
8cm (3in) root ginger
3 fresh green finger chillies
40g (1½oz) fresh coriander leaves
2 tbsp cornflour
2 tbsp oil
Salt

1. In two separate pans, simmer the spinach and peas in boiling water for 5 minutes, or until the peas are soft and the spinach has defrosted and heated through. Peel, quarter and boil the potatoes for 15-20 minutes until they fall apart when prodded with a fork.

2. Drain the spinach, squeezing it well in your hands to get rid of all the water. Then put all the



cooked vegetables in a large mixing bowl and leave to cool.

3. Next peel the ginger and chop finely, along with the chil-

lies and coriander. Add all three ingredients to the vegetables in the mixing bowl. Add the cornflour and salt to taste, then mash the whole lot together with your hands. Check for salt, adding more if needed.

4. Stick this mixture in the fridge to cool and dry out until you're ready to cook the tikkis. When you're ready, preheat the grill to high and line a baking sheet with foil. Take 1 tablespoon of oil and spread it evenly over the base of the sheet.

5. Then divide the mixture into 15-20 even-sized balls, flatten each into a 4cm (1½in) disc and place on the baking sheet, leaving a 1cm (½in) gap between each. (Not all the tikkis will fit on to one sheet; you will need to cook

(Serves 15-20)

them in two batches.) Place under the grill and cook for 12 minutes on one side, then turn over and cook for a further 12 minutes until the tikkis are pale brown on both sides.

6. You need to be careful when flipping them over, as they'll be soft and hot. If they fall apart, just shape them again on the sheet. You could just shallow-fry them for 8 minutes on either side, but this will take longer and use more oil.

7. Remove from the grill and place on a plate to cool, then repeat with another batch - first spreading more oil over the baking sheet - until all the mixture is used up. As the tikkis cool, they will harden and hold together better.



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Stands

There will be over 150 stands with everything for the home, garden and lifestyle. Stands will be offering advice on travel, home improvements and finance, there will be lots to buy including fashions, books, art, decor, specialist foods, pets products and visitors can enjoy beauty treatments and health advice.

Algarve Dog Show

Much bigger and better. Lots of classes for your dog to enter, fun activities plus the BIG SIT and BIG HEART award.

Grand Draw

Every entry ticket gives you the opportunity of free entry into the grand draw. The star prize is an RCI Mediterranean one-week cruise for two and there's Sightseeing Flights, Beauty Treatments, Hot Air Balloon Flights, 2 Night 'Getaways', Hotel Accommodation and Golf Rounds to be won on both days.

Wine Show

Several different wine companies will be bringing their top vintages. Space to sit, talk and taste.

Business + Zone

A new area in the Pavilion which will be quieter and more reserved. Incorporating a lounging area and champagne bar.

Fire & Rescue displays all day

The Lagoa firemen plus fire engine, ambulance and special 'rescue' and lifesaving demonstrations for children and the chance to put out a real fire!

Children's Art

'Me and My Phone' art competition for children sponsored by Optimus. This promises to be a wonderful art display on the back wall of the Pavilion.

Sports Clubs and Workshops

Find out about art, ballet, football school, scuba diving, flower arranging, cooking, fashion and more at the daily workshops and demos and in the Club area.

Food Arena

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Portugal, Tapas from Spain, Curries from India and Pies from the UK and vegetarian dishes.

Arts & Crafts Market

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All Day Entertainment

Children's ballet, choirs, music and singing, fashion shows and our special parade twice a day with the Algarve Fair jingle!

The Portugal News Café

Come and enjoy the hospitality of The Portugal News in their special café situated in the Pavilion. Buy a *bica* and a *pastel de nata* for €1.50 and you'll receive a free commemorative Portugal News travel hairbrush and mirror.

Entrance & Prizes

Entrance is only €3 per person and children under 12 are admitted free. With every entry ticket you have the opportunity to enter the Grand Draw.

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Kart track set for success at AIA

The Algarve MotorPark will be officially inaugurating the KIA (Algarve International Karting Track) on July 3rd and 4th in conjunction with the World Series Karting event. The track is one of the biggest in Europe, with 168 possible configurations.

The KIA is already open to the public and businesses, although only in a soft-opening phase, with its official opening to take place during the first weekend of July, hosting the Karting World Series.

Having been part of the AIA (Algarve MotorPark) project since the concept was born, the €11 million kart track will complement the €130 million race-

track, which has so far received great praise from companies and racing drivers worldwide, as well as being considered the best track in the world in 2009 and winning several awards by magazines.

There are 60 karts available for rent equipped with engines ranging from 150cc to 40bhp.

The track is 9.5 metres wide and, according to Paulo Pinheiro, CEO of Parkalgar, "the kart

track will have three tracks operating simultaneously and another just for children. The longest version is 1.6 kilometres and can be considered a level 3 track. It will also have other infrastructures such as a restaurant, pit boxes and shops. We are happy to be able to maintain the whole Algarve MotorPark project's momentum as was initially perceived."



The Algarve International Karting Track will be officially opened to the public on the weekend of July 3rd and 4th

Presidential praise for Mourinho's Champions League glory



Inter Milan's coach José Mourinho holds up the Portuguese flag as he celebrates after the UEFA final between Bayern Munich and Inter Milan at the Santiago Bernabeu stadium in Madrid, Spain, 22 May. Inter won 2-0. (Photo: EPA/Kerim Okten)

Portuguese President Cavaco Silva has congratulated fellow countryman José Mourinho for leading his Inter Milan team to victory in the European Champions League against Bayern Munich.

In a message on Sunday, Cavaco Silva praised Mourinho's "notable qualities" as a football coach who has twice won the coveted Champions League.

The Portuguese are proud of the "enormous merit" gained by the coach "in the highly competitive world of soccer", the president said.

Inter Milan defeated Bayern Munich 2-0 in Madrid on Saturday, allowing Mourinho to celebrate his Champions League win following his heroics in 2004 with FC Porto.

José Mourinho is now expected to sign a four-year deal with Real Madrid speculated in some quarters to be worth just under one million euros a month in wages for the Portuguese manager.

TPN/Lusa



Associação de Dadores de Sangue do Barlavento do Algarve

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Cristiano downplays dull Cape Verde draw

Portuguese national team captain Cristiano Ronaldo on Tuesday acknowledged Portugal did not play well in its scoreless first preparatory match against Cape Verde on Monday evening, but guaranteed the Portuguese will be "200 percent" ready for next month's football World Cup.

"We're conscious that we didn't play well today, but it's better to play poorly today and be good in the World Cup", Ronaldo said after the goalless draw with the African islanders Monday.

"I'm not worried about today's game" in the central town of Covilhã, he added. "I know the team will be 200% ready" for the championship in South Africa.

The Portuguese have two more friendly matches planned with African teams. They face Cameroon on June 1 in Covilhã and Mozambique on June 5 in Johannesburg.

TPN/Lusa



Cristiano Ronaldo reacts during the friendly on May 24th at the Covilhã Sports Complex in preparation for the World Cup. (Photo: EPA/Paulo Novais)

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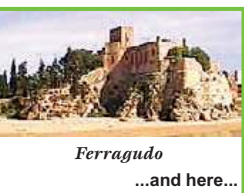
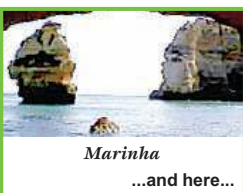


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